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Name of the Program:World Health Day Observation on "Health For All"
Organised by: Department Of Clinical Nutrition and Dietetics & NSS Unit-1, Gokhale Memorial Girls Co**llege in Collaboration With Rotary Club Of Calcutta**
Aim of the Program:
1. Enhance knowledge of students regarding nutrition of children
2. Enlighten the staff & students regarding importance of Women's health
3. Ensuring good health for all staff and students of our college through the special lecture by Dietitian and free health check up

**Date** : 13th April, 2023
Duration in hours: 11 am-4 pm
Number of Participants (approximate): Special Lecture- 7 faculties & 106 students
Name of Speakers with title of their speech, designation and Affiliation:

| Event	Date	Name of Speaker/ Delivery Organisation	Title of the speech	Designation	Affiliation
World Health Day Observation on "Health for All"	13.04.2022 11 am- 1 pm 1-4 pm	**Speaker:** Sm. Komal Srivastava Rotary Club of Calcutta	Paediatrics Nutrition in Different	Rregistered Dietician	Apollo Multi-Speciality Hospital, Kolkata.

Sponsng agey: Gokhale Memorial Girls' College
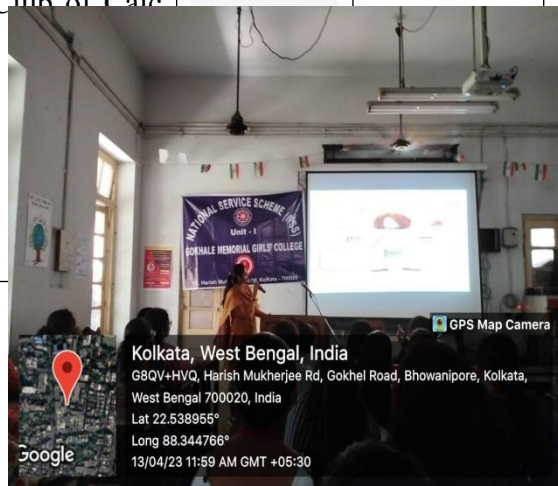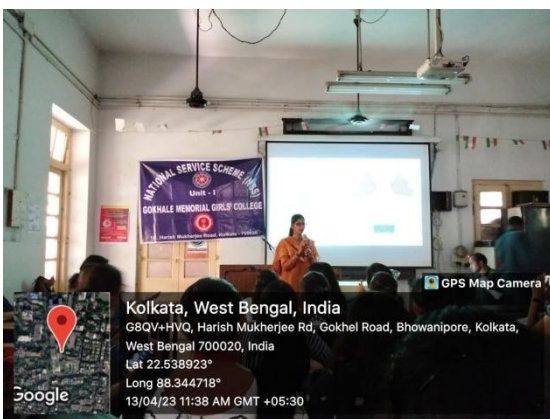
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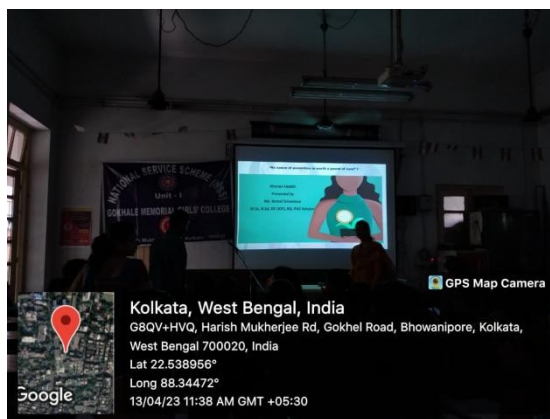
onferences/workshops (within 100 words):The speaker enlightened the audience with knowledge about food & eating habits of children, challenges faced, ways of improving their nutritional status and overall health. She also emphasized on daily hurdles in women health and gave practical solutions. She highlighted importance of regular 20 minutes workout as women otherwise are likely to not find much time for themselves given the household responsibilities.

2nd half of the programnmme consisted of free medical check up for all staff & students. Particiapnts were asked to register following which a general doctor consultation was provided & in accordance to the person's requirements, blood tests were conducted. Reports were sent to participants later via whatsapp.

Medical Checkup Camp (in room LTG)