

NEWSLETTER

1. **On Job Training at Child in Need Institute (CINI Chetana Resource Centre)**- semester VI students completed 2 weeks internship from 16th May- 1st June 2022 as part of syllabus of CC-14-P (Community Nutrition)



2. **Teachers Day Celebration:** Sep 5, 2022- students of semester III & V enthusiastically participated in teachers day celebration through various cultural programmes.



3. **On Job Training at Hospital-** Students of semester V completed their 3 weeks training programme at various hospitals in Kolkata (Park Clinic, Bhagirati Neotia Women & Child Care Centre, Iris Multispecialty Hospital) during Puja vacation in October 2022. They visited various wards & departments in hospitals, kitchen; learnt hospital diets, nutritional assessment, screening & counseling & conducted case studies on different patients like fever/ diabetes mellitus/ diarrhea/ lactating mother.

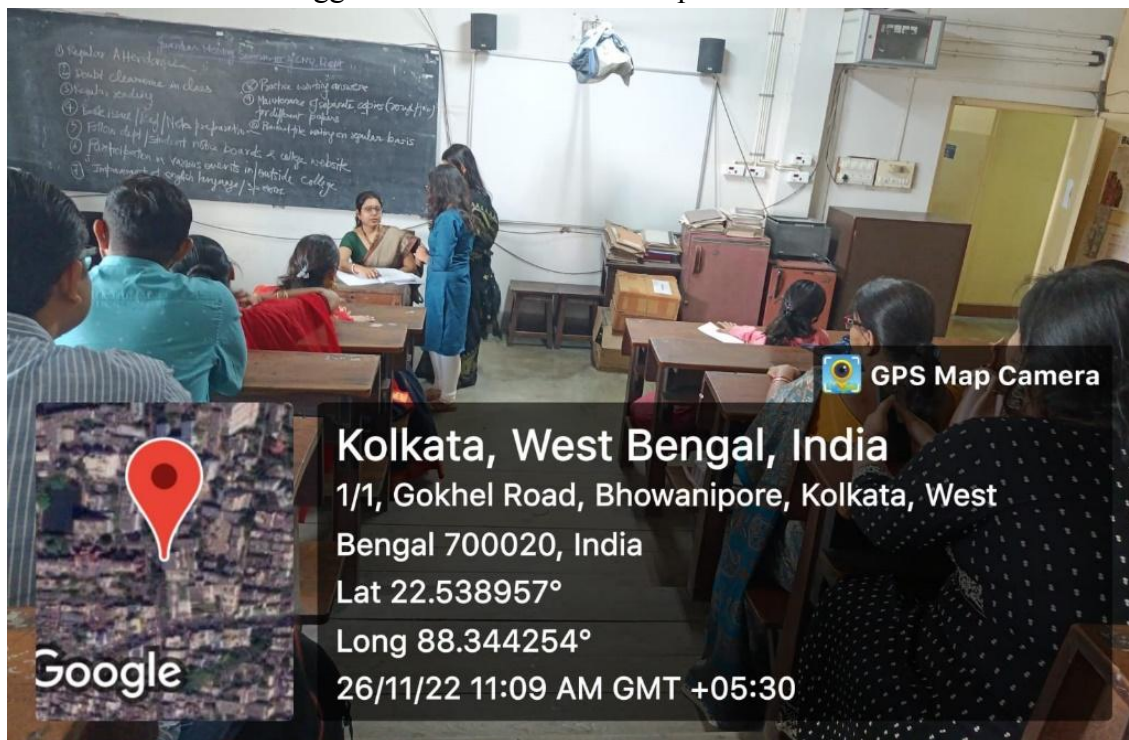
4. **KPC Visit**- students of semester V visited KPC Medical College & Hospital as part of their DSE-A-1 (Diet Counseling & Patient Care) syllabus. They were taken to ICU, General ward, OPD along with discussions & lectures on Diabetes, Liver & Renal Diet under guidance of Dr. Ranjini Dutta, Chief Dietician & HOD of Clinical Dietetics dept. there.



5. **Blood Donation** 18 November 2022- Students of semester I & III actively participated as volunteers in the program. Debanjali Das of semester I donated blood for first time. Dept. Faculty also donated blood in camp organized by college.



6. **Guardian Meeting-** A meeting was held with guardians of all students of semester III & V on 26th & 28th November 2022 respectively. The points of importance were noted on the blackboard and discussed with guardians. Each individual student's performance & problems faced were discussed with respective guardians separately as well. Guardians' suggestions & feedback for improvement were also noted.



7. **Remedial Classes** were conducted on 25, 28 & 29 November 2022 for semester III students for all 4 papers with respective subject teachers to clarify all doubts of students & revise portions that were unclear to them. For semester I students, remedial class was held on 24th February 2023. It was conducted by ex-student of dept. Ms. Poulamee Ghosh who is currently pursuing masters in Nutrition from AIIPH. On 18th June, 2022 she conducted remedial classes for semester VI students. Students found these classes very useful in clarifying their doubts in various chapters.





8. **Students' Departmental Seminar Presentation** – Semester III: 5th December 2022 & semester I: 6th February 2023. Topics were provided to individual students and guides allotted in accordance to selected topics. Students used laptop, projector & other audio-visual aids like charts, posters, video, flash cards etc. to deliver their topics effectively. A hard copy file of the topic work was submitted by them and marked by teachers. Soft copy of their presentation was also collected and recorded in dept. They were marked on a scale of 50 on various criteria & best presenter was awarded. 1st prize was won by Koyel Mondal of semester III (Monosodium Glutamate) & Asmita Chatterjee of semester I (3D Printed Foods).





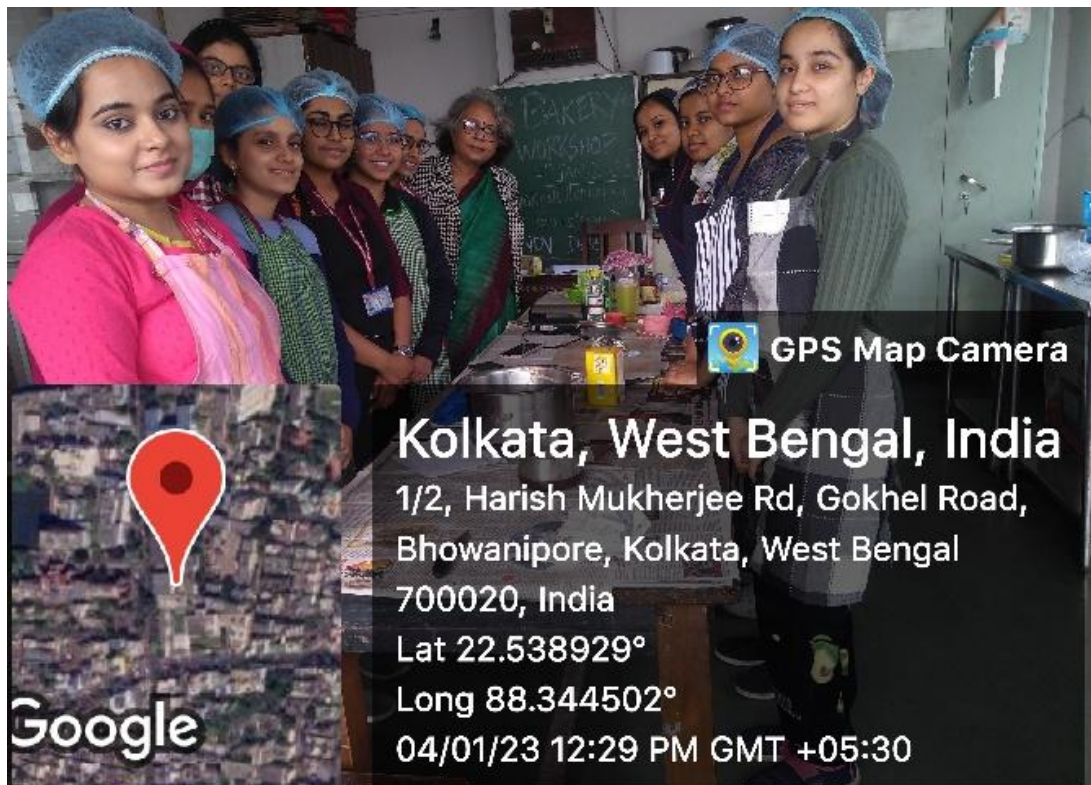
9. **Resource Person**– Pratyasha Agrawal, faculty in the dept., delivered Lecture on Nutrition in Special Camping Programme of NSS Unit, Barasat Government College on 20.12.22 at Saradapally (adopted slum), Barasat, North 24 Pgs.



10. **Annual Sports 2022-2023:** It was organized by the college on 23rd December 2022. Swati Agarwal of semester V won prize in the competition.

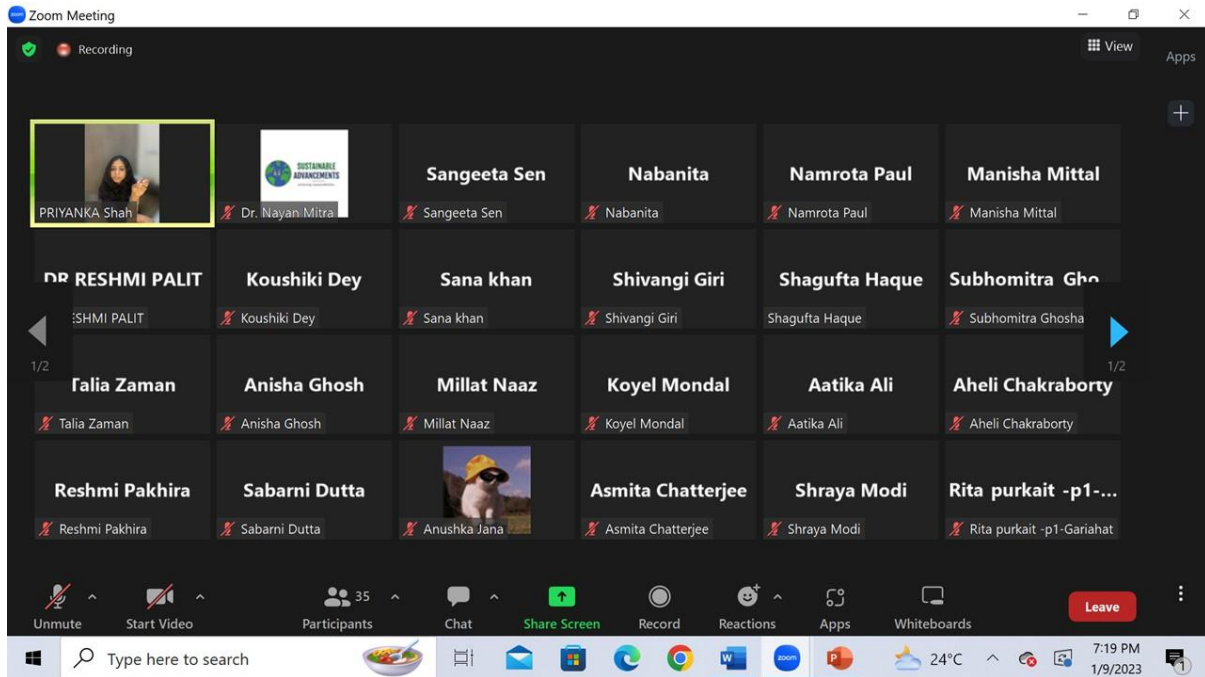


11. **Bakery Workshop** was organized by Alumni Association in collaboration with Dept. of Clinical Nutrition & Dietetics, Gokhale Memorial Girls' College on 4th January, 2023. Students from various departments of college enthusiastically participated in the workshop. The workshop was conducted in 2 batches (morning & afternoon) by Ms. Tahira Rabab, Bakery Science teacher in which total 19 students participated. It was conducted in CNDL2 (kitchen). Preparation of Chocolate Truffle Cake & Red Velvet cookies were taught to students.

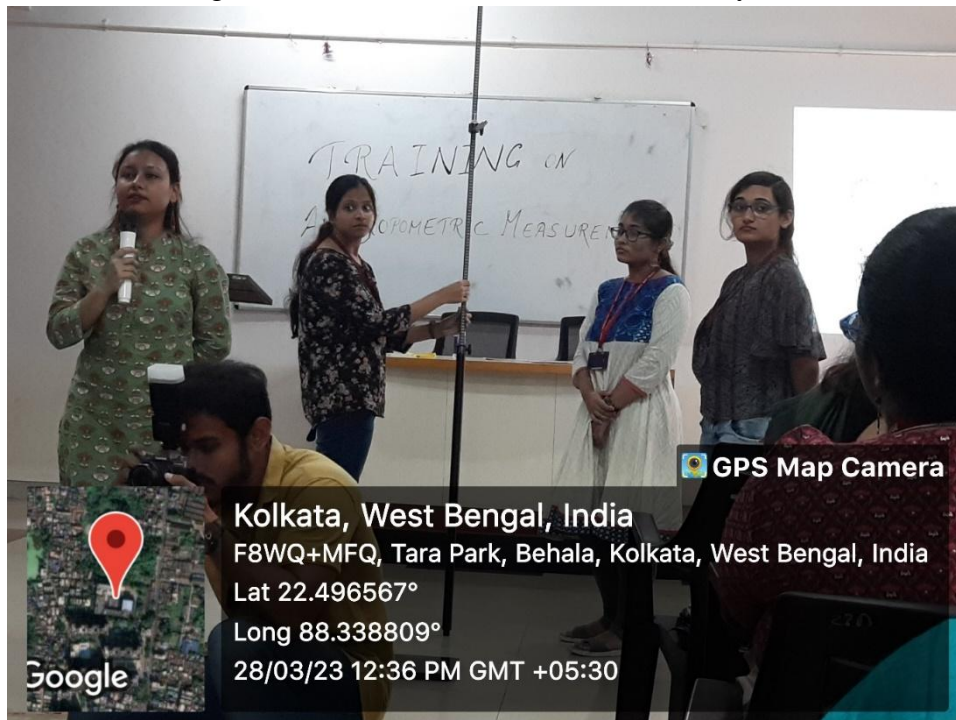


12. **Webinar on “PCOS-PCOD: symptoms, consequences & how to deal with it”** was organized by Gokhale Memorial Girls’ College Alumni Association for CND dept on January 9, 2023. Speaker was Ms. Priyanaka Shah, Clinical Dietician, Nutridate. The Webinar was highly enriching for both students and faculty of department of Clinical Nutrition & Dietetics. Though, a common topic, we learnt many new concepts such as

‘Seed Cycling’ for management of PCOS, difference between PCOS & PCOD, management of Lean PCOS, role of gluten and dairy free diet in PCOS management. The speaker was very enticing and tirelessly addressed all the questions of audience. She also informed us that students could apply for internship at her clinic ‘Nutridate’ under her supervision and provided her contact details.



13. Hands on Training of Anthropometric Measurements on 28th March, 2023 at NSHM- Semester VI students participated in the workshop. It helped them gain practical knowledge of nutritional assessment at community level.



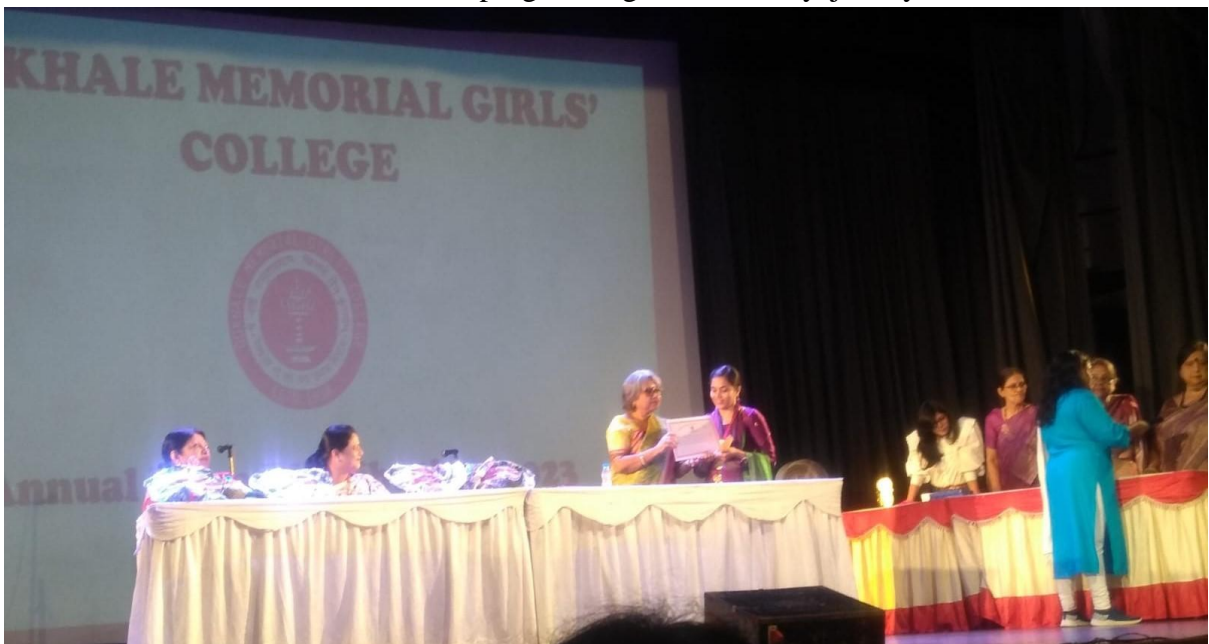
14. **World Health Day Observation**on “Health for All” was organized by Department of Clinical Nutrition and Dietetics & NSS Unit-1, Gokhale Memorial Girls College in Collaboration with Rotary Club of Calcutta on 13.4.2023 from 11 am- 4 pm. The program comprised of 2 events- 1. Special Lecture on “Pediatrics Nutrition in Different Life Cycles” by Sm. Komal Srivastava, Registered Dietician, Apollo Multi-Speciality Hospital, Kolkata; 2. Health Camp in which free general health consultation and blood tests were conducted. Student volunteers of semester II & IV of CND dept as well as NSS volunteers helped in successful conduction of the events.



15. **Visit to Mio Amore-** Semester VI students were taken to Switz Foods Pvt. Ltd. on 26th April, 2023 for industrial visit as part of Bakery Science (DSE-B-3) syllabus. They were accompanied by their subject teacher Ms. Tahira Rabab & faculty from dept. Pratyasha Agrawal. They were given an orientation by the trainer Mr. Tilak Dutta regarding the factory, then taken for a tour of various cake & pastry sections and explained processes and mechanisms of various machines including water cut machine, dough making machine, cake cutting machine, etc.



16. **Annual Day Celebration** 08.05.2023- Naba Kulsum received prize as topper in University Exams in 2022. Many students from all three semesters participated in the various cultural events of the program organized at Satyajit Ray Auditorium.





17. Awards & Recognitions

- a. Suvhasree Bhattacharya (Sem 3 student) secured 1st position in *Aesthetic Representation Competition* in Students Activity Week, held in Sep 2022.



- b. Shraya Modi (sem 6 student) received Magical Hands Award in 7th National Level Online Art Competition organised by Indian Art Factory, Chennai, Tamil Nadu on 9th April, 2023



- c. Shivangi Giri & Debanjali Das (sem 1 students) ranked 1st in *Food Mela Recipe Competition* organised by Dept. of Food & Nutrition & IQAC of Prasanta Chandra Mahalanobis Mahavidyalaya in collaboration with IQAC, Panihati Mahavidyalaya to celebrate International Year of Millets held on 10th April, 2023 as Poshan Pakhwada 2023. Recipe selected was Millet Sliders.





- d. Debanjali Das (sem 1 student) won *Recipe Contest* under the category of “Diabetic Friendly Traditional Recipe,” held on the occasion of ‘World Diabetes Day’ on 14th November, 2022 by Nutrition & Diabetes: A core group of IAPEN India Association of Parenteral & Enteral Nutrition.

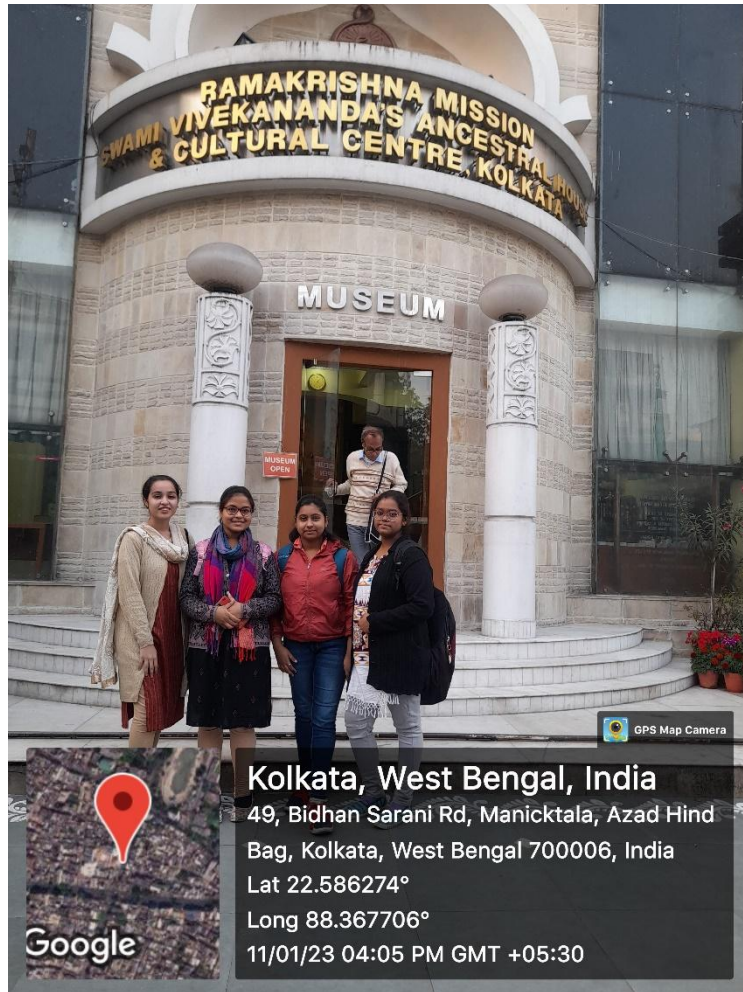


Dalia Khichdi

Student Participation in College Activities



Word Game Competition

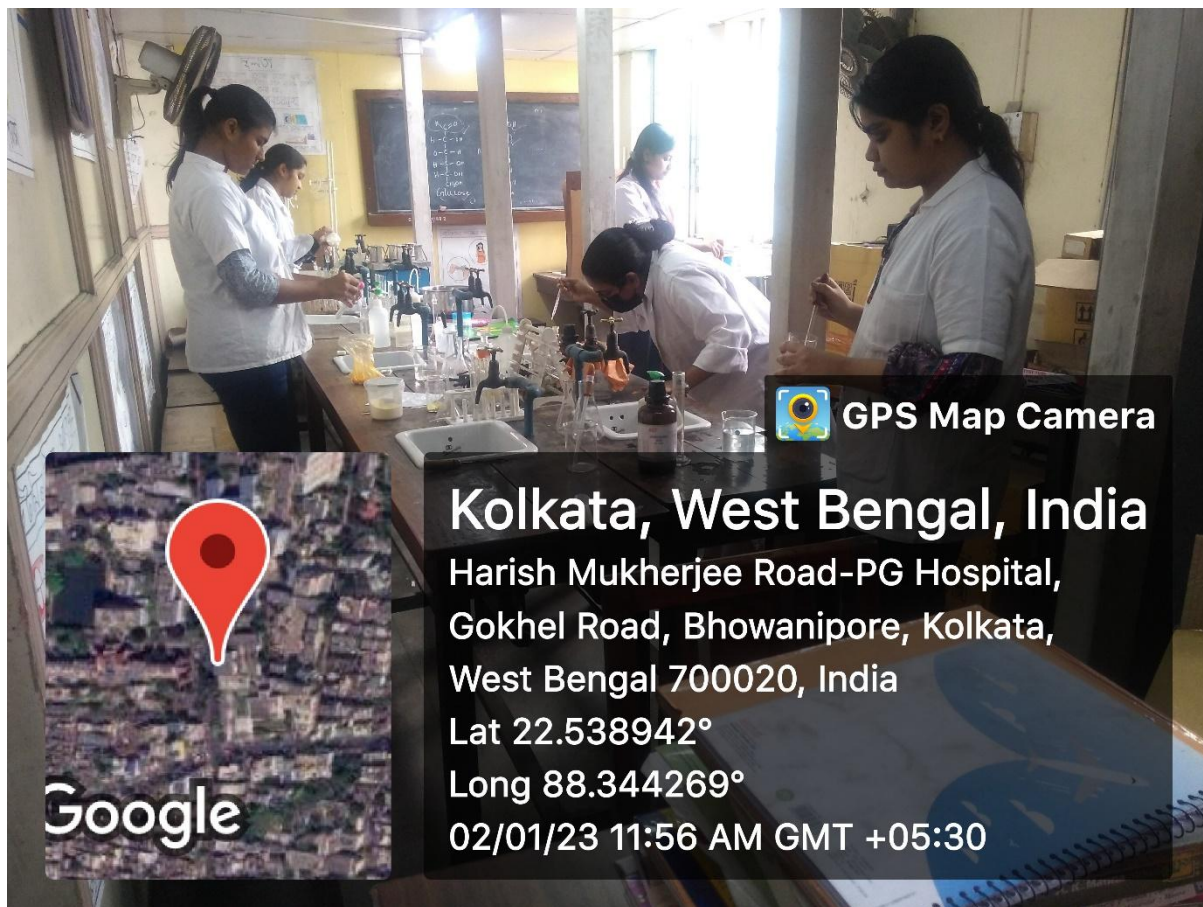


Visit to Heritage House of Swami Vivekanada



Basanta Utsab- 18/03/2023

Student Performance Improvement Measures by Dept.



Revision Classes



Kolkata, West Bengal, India

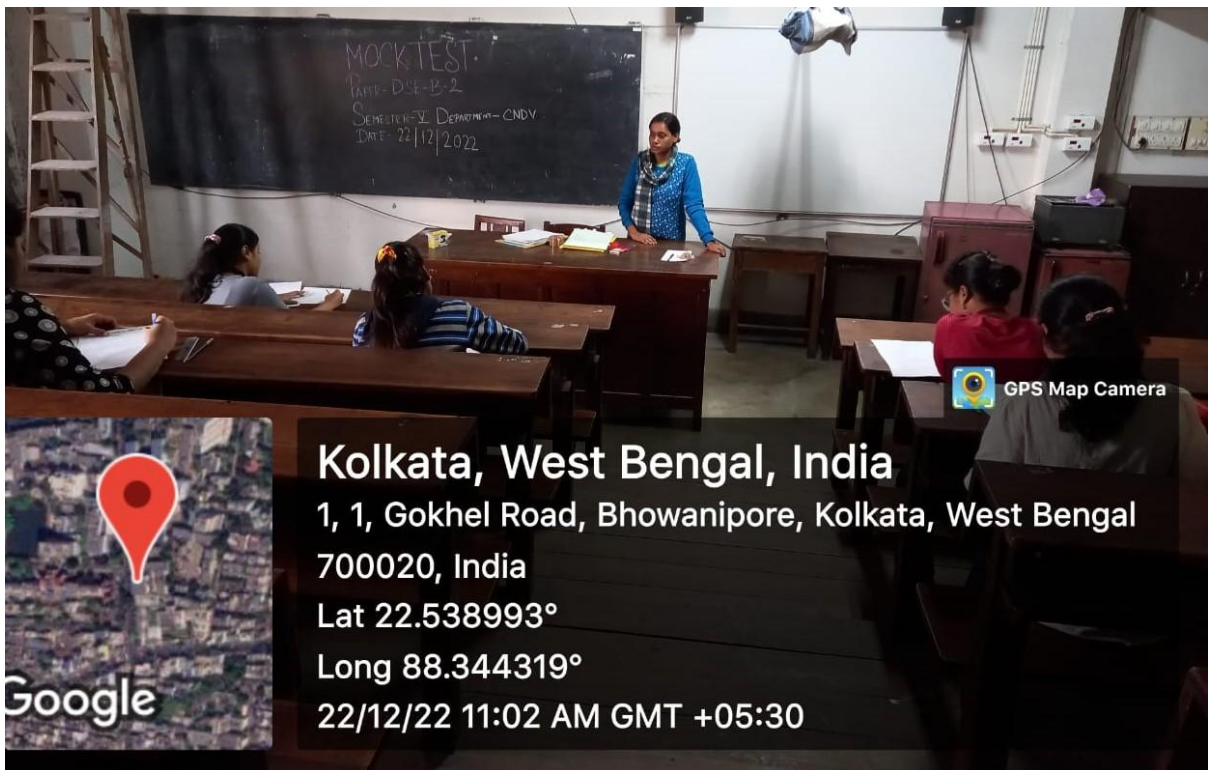
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Kolkata, West Bengal 700020, India

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Long 88.34448°

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Class Tests



Kolkata, West Bengal, India

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700020, India

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Mock Tests

Practical Work of Students



Preserved Food Products Prepared by Students as part of DSE-B-5-2-P (Food Sanitation & Hygiene Practical)

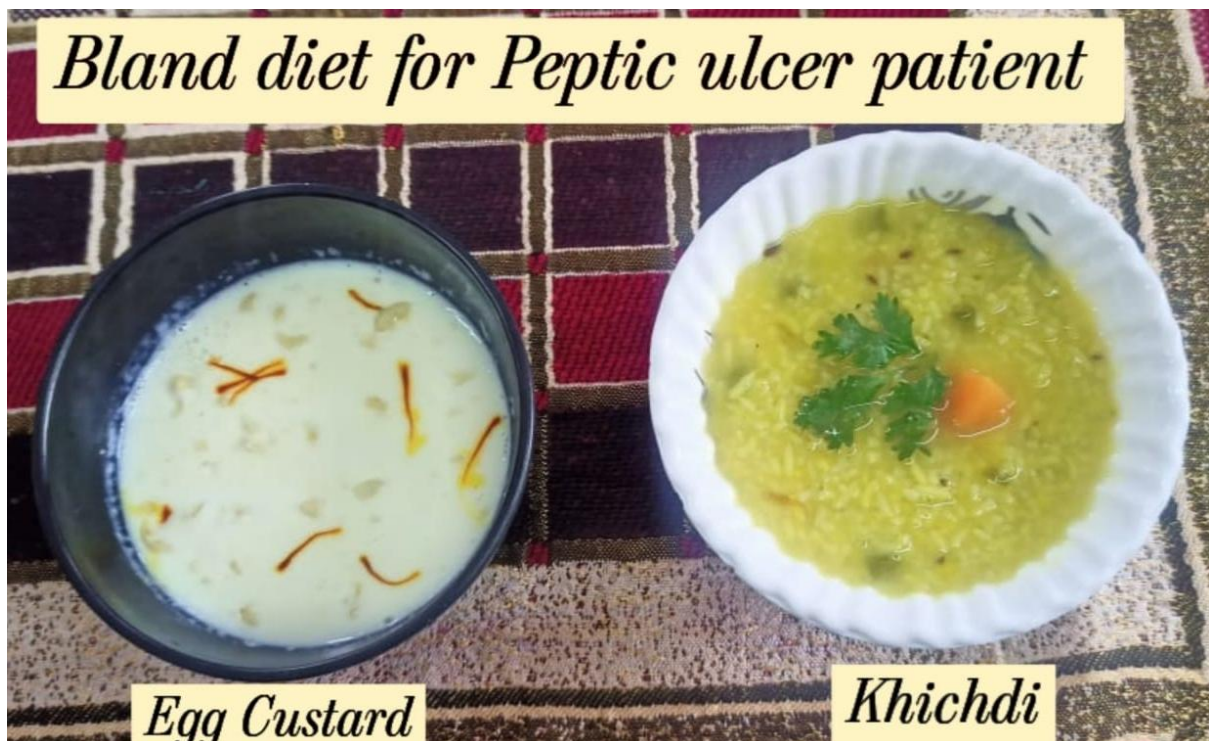


CC-12-P (Quantity Food Production & Service)



Some items prepared by students during DSE-B-6-3-P (Bakery Science Practical) classes (*Mixed Fruit Cake, Pinwheel Cookies, cheese Pizza, Chocolate filled breads, Double Chocolate Chunk cookies, Garlic Bread, etc.*)

Diet Planning & Preparations by Students





HEPATITIS