



THE COUNSELLING CELL
OF

GOKHALE MEMORIAL GIRLS' COLLEGE
ORGANISES

A ONE-DAY STATE-LEVEL
SKILL-BASED TRAINING WORKSHOP ON

Building Emotional Resilience

VENUE:

GOKHALE MEMORIAL GIRLS' COLLEGE
MAIN BUILDING, LECTURE THEATRES 2 & 3

12TH SEPTEMBER
2023

RGTN. DETAILS:

External students:

100 INR

Ex. students of GMGC:

150 INR

Faculty & Professionals:

300 INR

CHIEF PATRON

Dr. Atashi Karpha

JOINT CONVENORS

Dr. Nabamita Chakraborty

9830185741

Ms. Yashabanti Sreemany

9830793793



REPORTING TIME FOR
PARTICIPANTS: 11:00 AM

SESSION 1:

12.00 PM - 01.00 PM

Dr. Rima Mukherji

Senior Consultant Psychiatrist
Founder Director, Crystal Minds



SESSION 2:

01.30 PM-03:30 PM

**Dr. Prasanta Kumar Roy*

Faculty & Head,
Dept. of Clinical Psychology
Institute of Psychiatry
-A Centre of Excellence, Kolkata



PAYMENT INSTRUCTION ACC. NAME: GOKHALE MEMORIAL GIRLS COLLEGE ACC. NO: 10577673088 IFSC: SBIN0002062