

## **FACULTY PROFILE**



1. Name of the Faculty Member: Nabamita Chakraborty
2. Designation with Category (Substantive/SACT): Assistant Professor
3. Department: Psychology
4. Educational and Professional Qualifications:

Name of the Institution	Name of the Affiliating Body	Degree/Diploma/Certificate Obtained	Specialization (if any)
Loreto Day School	West Bengal Board	Madhyamik (Class X Board exams)	None
Bethune Collegiate School	West Bengal Board	Higher Secondary	Humanities
Victoria Institution	University of Calcutta	Bachelor of Science	Psychology [Honours]
Department of Psychology	University of Calcutta	Master of Science	Clinical Psychology
Department of Psychology	University of Calcutta	Doctorate in Psychology	Developmental -Personality Studies

5. Teaching Experience (If applicable):

Name of the Institution	Position Held	From	To
<b>Bangabasi College</b>	Part-time Faculty	August 2008	November 2010
<b>West Bengal State University</b>	Guest Faculty	February 2009	January 2011
<b>Institute of Engineering &amp; Management</b>	Guest Faculty	September 2013	March 2014

6. Research Experience (If applicable):

Name of the Institution	Nature of Work	Designation	From	To
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Department of Psychology, University of Calcutta (Fellowship granted by UGC)	University Research Fellowship	University Research Fellow (URF)	November 2010	March 2013
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7. Areas of Interest (Intra-disciplinary and/or Interdisciplinary): The broad area of research has been human development and associated psychological variables.

Additional information on research career: Specifically, areas of research have centred on human psychosocial and personal growth particularly during the adult years of life, when the growth loses its concreteness and visibility that is predominant in childhood and adolescence. Doctoral research was on midlife generative concern development and its positive outcomes. Several of the research publications have been extracted from the doctoral work, relationships between personality dimensions, narcissism, self-efficacy and midlife personal growth. Some valuable research has been done on the general mental health outcomes of Covid 19, both the first and second waves, on the Indian population and published internationally. Other smaller cross-sectional studies have also been done on a variety of developmental, cognitive, personality and such other denominators of development across the life-span. Recently a survey was done on ageing mothers' changing perception of motherhood and explorations of adolescents' attitudes toward their approaching motherhood role. Currently, qualitative research methodology and result analyses techniques are being coupled with quantitative methodology in search of more robust analyses of the data.

8. Research Projects (if any): None

9. Research Publications (if any):

a) Books/Book Chapters:

**Book chapters:**

**Book chapters on**

1. "Attitudes" (Protinnyash), in edited Volume on Shamaj Monobiggyan by Sanjukta Das & Subrata Dasgupta, published by Pashchim Banga Rajya Pustak Parshad) 2021. ISBN: 978-81-951559-8-9

2. "Social Perception" (Shamajik Ptottyokhho) in edited Volume on Shamaj Monobiggyan by Sanjukta Das & Subrata Dasgupta, published by Pashchim Banga Rajya Pustak Parshad) 2021. ISBN: 978-81-951559-8-9

3. The Multiple Facets of the Therapeutic Impacts of Music- An Overview (2022), in the edited volume by Sanjukta Das & Atanu Kumar Dogra on titled “Journey with Children in Conflict with Law: Entering A New Paradigm”. Academic Publishers.

b) Journal Articles:

**Publications with peer-review process**

1. Chakraborty, N., & Das, S. (2010). Generative Concern in Middle Adulthood. Journal of Psychometry. Indian Institute of Psychometry. Vol-24, No: 2, pp.79-91. July-December-2010.
2. Chakraborty, N., & Das, S. (2012). Middle Adulthood: Connotations across cultures. Journal of Psychometry. Indian Institute of Psychometry. January-June 2012. Vol-26 (1). pp. 9-18.
3. Chakraborty, N., Chatterjee, T & Das, S. (2012). Midlife and the Life-course- The associated shifts in life perspective and societal obligations. Indian Journal of Positive Psychology. Indian Association of Health Research & Welfare, December- 2012.
4. Mullick, S., Das, S., & Chakraborty N. (2012). The working woman's marital happiness- a cross-sectional investigation on Bengali women. Indian Journal of Health & Well-being. Indian Association of Health Research & Welfare. December- 2012
5. Chakraborty, N., & Das, S. (2013). Protecting the resilient worldview - a study of male and female post-graduate students. Indian Journal of Positive Psychology. Indian Association of Health Research and Welfare. March, 2013.
6. Chakraborty, N., & Das, S. (2013). Influence of psychiatric morbidity and self-efficacy on midlife generativity. Indian Journal of Health and Well-being. 4(7), 1374-1380. Indian Association of Health Research and Welfare.
7. Chakraborty, N., & Das, S. (2014). Personality and Personal Growth in the Working Midlifers. International Organization of Scientific Research (IOSR- Journal of Humanities and Social Science (IOSR-JHSS). Volume 19 (3). Ver.5. pp.69-83. URL: [www.iosrjournals.org](http://www.iosrjournals.org)
8. Chakraborty, N., & Das, S. (2016). The Pathway to Personal growth: Converging theoretical culminations. ACADEMIA GMGC (annually published, peer-reviewed academic journal of Gokhale Memorial Girls' College), Volume-3.

9. Chakraborty, N., & Dutta, M. (2019). Revisiting Motherhood: A Psycho-social probe exploring the changing trends in the attitudes and perspectives of educated women (2019). Journal of Indian Academy of Applied Psychology, Vol.45 (1). UGC Approved.

10. Mukherjee K., Banik, S., & Chakraborty, N. (2021). Impact of COVID-19 pandemic on mental health across different populations. *Minerva Psychiatry* 2021 September;62(3):140-55. DOI: 10.23736/S2724-6612.21.02172-2

11. Banik., S., Chakraborty, N., & Powell, M. (2022). Effect of the Second Wave of Covid on Mental Health of the General Population of India. *Minerva Psychiatry*, 63. Doi: 10.23736/S2724-6612.22.02338-7.

c) Course Materials: None

d) Seminar/Conference Proceedings: None

10. Invited Talk/Special Lecture/Seminar/Conference Presentation:

11. Other Academic/Official Responsibilities (At College/University Level or for Any Other Body of Higher Education):

#### **University Assignments:**

I have been engaged in rigorous university assignments in the 5 years completed as Assistant Professor. I have been assigned as examiner for both theory and practical university examinations, in the Annual as well as semester systems. I have also been appointed as Head- Examiner or Coordinator multiple times for different University Examinations (Theory and Practical). I have also been appointed for Question paper setting and moderation for University examinations (Honours and General papers, Undergraduate Psychology Syllabus).

12. Awards/Recognitions/Fellowships/Memberships (if any):

Has been awarded **The First Prize for General Proficiency** by the Bethune Collegiate School in the year 2002.

▪ Has been awarded the **Dr. D. Ganguly Memorial Prize** by the Calcutta University Psychology

Alumni Association, in the year 2002, for topping the list of students taking admission to the Under-graduate course that year, in the University College of Science and Technology.

- Has been awarded the **University Research Fellowship (URF)** in the Department of Psychology (**UGC** or Central Government sponsored research scholarship) for her **Doctoral research in Social- Developmental Psychology**. This was a full-time research engagement under Professor (Dr) Sanjukta Das (Prof. Department of Psychology, University of Calcutta).

**Membership in professional bodies:**

1. Society for Research on Child Development (SRCD)- International Member
2. Indian Association of Clinical Psychologists (IACP)- Member
3. Indian Psychoanalytic Society (IPS)- Affiliate Membership
4. International Society for Research and Development (ISR D) (Senior Lifetime Member).
5. Society for Research on Adult Development

12. Social Responsibility Initiatives: Has been engaged in multiple social work projects.