



GOKHALEMEMORIALGIRLS'COLLEGE

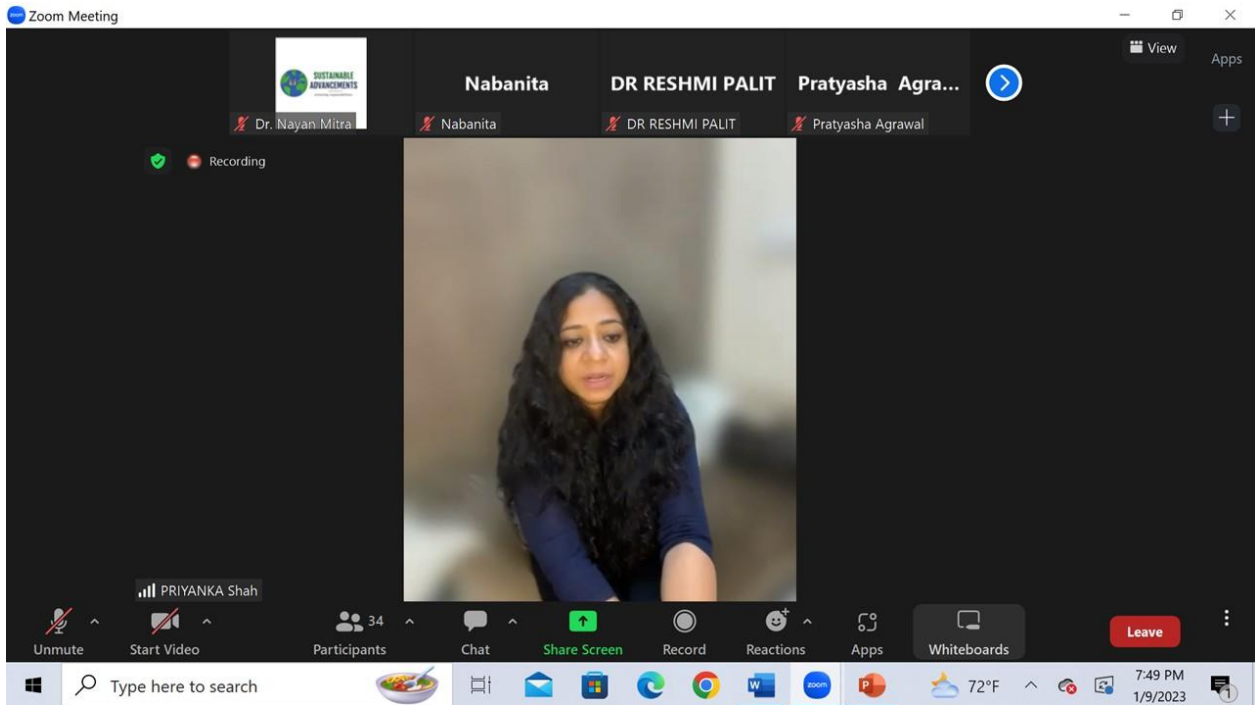
Activity Report of Webinar on “PCOS-PCOD: Symptoms, Consequences & how to Deal with it”

1. Date of the event: **9th January, 2023, 7 p.m.**
2. Number of Participants: 37
3. Venue: Gokhale Memorial Girls' College, Kolkata
4. Sponsorship (if any): Gokhale Memorial Girls' College Alumni Association- Rs. 1500/-
5. Collaboration (if any): NA
6. Name, designation, affiliation and topic of lecture of each and every speaker

Name of Speakers	Title of the speech	Designation	Affiliation
Priyanka Shah	‘PCOS-PCOD: symptoms, consequences & how to deal with it’	Clinical Dietician	Nutridate

7. Details about the resource person/brief resume/introduction- Priyanka Shah, Clinical Dietician, Nutridate
8. Other necessary information(if any)- The Webinar was highly enriching for both students and faculty of department of Clinical Nutrition & Dietetics. Though, a common topic, we learnt many new concepts such as ‘Seed Cycling’ for management of PCOS, difference between PCOS & PCOD, management of Lean PCOS, role of gluten and dairy free diet in PCOS management. The speaker was very enticing and tirelessly addressed all the questions of audience. She also informed us that students could apply for internship at her clinic ‘Nutridate’ under her supervision and provided her contact details.

Photographs P.T.O.



Gokhale Memorial Girls' College
Alumni Association

Webinar on

"PCOS-PCOD: Symptoms,
consequences & how to
deal with it".



by
Priyanka Shah
Clinical Dietitian

January 9, 2023
at 7 pm **Monday**



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Zoom Meeting

Recording

PRIYANKA Shah is talking...

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Shivangi Giri Shivangi Giri	Shagufta Haque Shagufta Haque	Sutanuka Das Sutanuka Das	Subhomitra Gho... Subhomitra Ghoshal	Talia Zaman Talia Zaman	Anisha Ghosh Anisha Ghosh
Millat Naaz Millat Naaz	Koyel Mondal Koyel Mondal	Aatika Ali Aatika Ali	Aheli Chakraborty Aheli Chakraborty	Reshmi Pakhira Reshmi Pakhira	Sabarni Dutta Sabarni Dutta
Anushka Jana Anushka Jana	Sreejita Das Sreejita Das	Asmita Chatterjee Asmita Chatterjee	Shraya Modi Shraya Modi	Manisha Kumari Manisha Kumari	Rita purkait -p1-... Rita purkait -p1-Gariahat
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PRIYANKA Shah

Dr. Nayan Mitra

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Pratyasha Agra...
Pratyasha Agrawal

Sangeeta Sen
Sangeeta Sen

Nabanita
Nabanita

Shivangi Giri Shivangi Giri	Shagufta Haque Shagufta Haque	Sutanuka Das Sutanuka Das	Subhomitra Gho... Subhomitra Ghoshal	Talia Zaman Talia Zaman	Anisha Ghosh Anisha Ghosh
Millat Naaz Millat Naaz	Koyel Mondal Koyel Mondal	Aatika Ali Aatika Ali	Aheli Chakraborty Aheli Chakraborty	Reshmi Pakhira Reshmi Pakhira	Sabarni Dutta Sabarni Dutta
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Anushka shaw Anushka shaw	Bratati Naikel Bratati Naikel	Debanjali Das Debanjali Das	Tanisha Parbin Tanisha Parbin	Loise Khawas Loise Khawas	Pratyasha Agra... Pratyasha Agrawal

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 PRIYANKA Shah	 Dr. Nayan Mitra	Sangeeta Sen Sangeeta Sen	Nabanita Nabanita	Namrota Paul Namrota Paul	Manisha Mittal Manisha Mittal
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Subhomitra Gho... Subhomitra Ghoshal	Talia Zaman Talia Zaman	Anisha Ghosh Anisha Ghosh	Millat Naaz Millat Naaz	Koyel Mondal Koyel Mondal	Aatika Ali Aatika Ali
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Anisha Ghosh	Millat Naaz	Koyel Mondal	Aatika Ali	Aheli Chakraborty	Sabarni Dutta
Anushka Jana	Asmita Chatterjee	Shraya Modi	Rita purkait -p1-...	Ahona Sarkar (C...	Ritika Kumari
Anushka Jana	Asmita Chatterjee	Shraya Modi	Rita purkait -p1-Gariahat	Ahona Sarkar (CNDV-S...	Ritika Kumari
Abhipsha Das	Soumi Bhattach...	Garima	Anushka shaw	Bratati Naikel	Tanisha Parbin
Abhipsha Das	Soumi Bhattacharjee	Garima	Anushka shaw	Bratati Naikel	Tanisha Parbin
Loise Khawas	Pratyasha Agra...	Rishita Kar	Debanjali Das	Sidra khan	Sristi Dasgupta
Loise Khawas	Pratyasha Agrawal	Rishita Kar	Debanjali Das	Sidra khan	Sristi Dasgupta

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PRIYANKA Shah	Dr. Nayan Mitra	Sangeeta Sen	Nabanita	Namrota Paul	Manisha Mittal
RESHMI PALIT	Koushiki Dey	Sana khan	Shivangi Giri	Shagufta Haque	Subhomitra Ghosh
RESHMI PALIT	Koushiki Dey	Sana khan	Shivangi Giri	Shagufta Haque	Subhomitra Ghosh
Talia Zaman	Anisha Ghosh	Millat Naaz	Koyel Mondal	Aatika Ali	Aheli Chakraborty
Talia Zaman	Anisha Ghosh	Millat Naaz	Koyel Mondal	Aatika Ali	Aheli Chakraborty
Reshmi Pakhira	Sabarni Dutta	Anushka Jana	Asmita Chatterjee	Shraya Modi	Rita purkait -p1-...
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