



GOKHALE MEMORIAL GIRLS' COLLEGE

ACTIVITY REPORT OF EK PED MA A KE NAAM

1. **Name of Event:** Ek Ped Maa Ke Naam
2. **Organised by:** Department of Clinical Nutrition & Dietetics in Collaboration with Campus Management Committee, Gokhale Memorial Girls' College (GMGC); Affiliated to University of Calcutta
3. **Date of the Event:** 20/09/2025
4. **Duration:** 1 hour
5. **Number of Participants:** 6
6. **Venue:** College Ground
7. **Sponsorship:** Rs. 460 was sponsored by college for expenses incurred in arrangement of Flex and Banner.
8. **About the Event:** This was the 2nd event conducted for Observance of Rashtriya Poshan Maah, 2025 (*An Initiative of Ministry of Women & Child Development, Government of India*). Two major activities were:
 - **Organic Farming:** Kitchen Waste utilization for Vermi-Composting &
 - **Kitchen Gardening :** Creation of Nutrition Garden

The event began around 12.30 p.m. due to heavy rainfall. Banner & Flex arranged by the Campus Management Committee, GMGC were put up in college ground with help of Sri Ranajit Banerjee & Nandakishor Das (Non-Teaching Staff). 6 CNDV students (4 from Semester I & 2 from Semester III) along with 4 members of Campus Management Committee & CNDV Faculty participated in this programme.

Kitchen Gardening- With the help of gardener, students planted saplings of Aloe Vera, Mint, Curry Leaves, Carom Seeds (Ajwain) brought by Course Coordinator of Department of Clinical Nutrition & Dietetics, Sm. Pratyasha Agrawal. Seeds of Tomato & Chilli plant were handed to the gardener by Sm. Pratyasha Agrawal, organizer of the event, for plantation later that day.

Organic Farming- All Kitchen Waste brought from home by students and CNDV Faculty, Sm. Pratyasha Agrawal was collected in a bin for vermi-composting. This waste was placed in the pit created in college ground for the purpose, later that day by Caretaker, Mr. Ranajit Banerjee. This organic manure is used for gardening purpose in college.



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9. **Outcome of the event:** The event helped students learn the importance of kitchen waste utilization & kitchen gardening. Students enjoyed both the activities. Overall, we were successful in covering this year's theme of RPM.



Rashtriya Poshan Maah 2025

(An initiative of Ministry of Women & Child Development,
Government of India)

Activity name : *Ek Ped Maa Ke Naam*

- * **Organic Farming: Kitchen Waste Utilisation for Vermi Composting**
- * **Kitchen Gardening: Creation of Nutrition Garden**

Organised by

Department of Clinical Nutrition and Dietetics
in collaboration with
Campus Management Committee,
Gokhale Memorial Girls' College

Date: 20.09.25. Time: 11:30 am
Venue: College Ground

Flyer/ Banner for the Event



Kitchen Gardening



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Vermi Composting



Group Photo Post Kitchen Gardening



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Group Photo Post the Event