Gokhale Memorial Girls' College



Date: 20/03/2023

### To whom it may concern

The undersigned hereby certifies that the information given in the document for SSR Metric 7.3.1 regarding Institutional Distinctiveness is true to the best of her knowledge.



laspera. Principal

Gokhale Memorial Girls' College

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Gokhale Memorial Girls' College 1/1, Harish /Mukherjee Road Kolkata -700020

## Institutional Distinctiveness

Our Motto

### येनाहं नामृता स्यां किमहं तेन कुर्य्याम ।

"What shall I do with that which does not give me immortality?"

is our guiding force.

The Mission of the institution is holistic development through inclusiveness that hinges on both academic excellence and personal growth by -

- promoting quality in teaching-learning.
- maintaining balance between education that promotes knowledge per se and training that imparts skills for employability.
- broadening the base of women's education in keeping with the framework of a pluralistic society.
- Inculcating in students a sense of community responsibility which would help them to become worthy citizens of the country.

IQAC Meetings held periodically and as much as necessary for discussing the issues and challenges of institutional development. Inclusive environment is sustained through various curricular and co-curricular activities which bring together students in true esprit de corps to share space and opportunities and showcase their talents. The mission objectives are sought to be met through the following distinctive initiatives -

- a transparent and efficient admission system in adherence to the norms and rules of reservation policy of the government
- Faculty dedication to teaching and continuous assessment of students to undertand the needs of students at different difficulty levels.
- Equal opportunities given to students to demonstrate their academic abilities such as through student presentations, competitions, class assessments.
- Special Lectures to enhance student capabilities.
- · Equal opportunities given to students to showcase their artistic talents.
- One-to one relationship with students to understand their problems and stresses. The College has a well-defined Mentorship Policy.
- Monitoring regularity in class attendance and appraising the students' progress.

- Review of the stakeholder reports, particularly the one pertaining to student satisfaction to take proper action
- · Parent-teacher interface to keep guardians informed about their wards' progress.
- Conducting Library Orientation Programmes for new entrants and ensuring availability of library services both physical as well as digital.
- Annual publication of College Magazine where students showcase their literary and artistic talents.
- Regular career counselling organized in association with renowned training and recruiting agencies.
- Sensitizing students about gender equality and equity to create awareness regarding
  importance of women in development and about gerontology, the study of problems
  and opportunities for the elderly.
- A Counselling Unit managed by the Psychology Department. The college counsellor meets students every week in scheduled batches to benefit all students. Counsellor also provides personalized counselling in specific cases.
- Special observances are organized to educate young minds, inculcate values and create a sense of national pride. "Sangachhadwam sangbadadhyam sang vo Manam shi janatam" --the Rig Veda invocation tuned by Gurudev Rabindranath Tagore is the inaugural song sung during the College Foundation Day celebrations.
- Awareness programme on Blood Donation organized every year, followed by a blood donation camp held on 26th November, the birth anniversary of Founder, Mrs. Sarala Ray, great social reformer and disciple of freedom fighter and educationist Gopal Krishna Gokhale.
- Code of Conduct is instrumental in moulding the character of students through discipline and rigour and creating open minds capable of tolerance and fellow-feeling. All College Codes are displayed in the College Website for stakeholders to see.
- A long tradition of undertaking annual satisfaction surveys where feedback is
  obtained from students, guardians, teachers, office staff and alumni through structured
  questionnaires. In recent time, the student survey has been kept anonymous as they
  provide a mechanism for student voice, iteration and culture-building in classroom
  through candid responses on learning experiences.
- Feedback obtained by IQAC on curriculum design and delivery from the students and the teachers for analysis and appropriate action.
- Continuance of enrolment in employability-enhancing Swayam-NPTEL courses and add-on value-added courses like computer course, HR Associate and Supervisory Skills.
- Provision special amenities such as water purifiers and coolers, hygienic canteen, safe drinking water, clean washrooms and toilets, sanitary napkin vending machines, SMS alert system, departmental library, a Network Resource Centre in Central Library and a dedicated library website.
- Student Welfare Sub-Committee, Counselling Cell, Anti-Ragging Cell, and Student Grievance Cell to ensure welfare and safe environment for all students.
- Active Placement Cell.
- Student welfare initiatives taken by the college and personally by the faculty to help needy students.

An important area of inclusiveness is participation of students irrespective of their sociocultural and socio-economic in the social outreach activities which truly help in building fellow-feeling and togetherness. The social outreach activities conducted by the student and teacher members of NSS Unit-1 and Social Awareness Club with dedication and diligence indicate the commitment towards inculcation of egalitarian, secular and non-parochial values among students in addition to the core values of honesty, discipline, courage and self-respect and confidence.

Every year social outreach activity is conduct with vigour to celebrate the Founder's Birth Anniversary. Faculty, students and the college get together to donate for helping out the deprived and the needy.

An added initiative for inclusiveness has been to collaborate with NGOs to facilitate community work by both students and teachers.

Course Attainment outcomes of the students of the institution are consistent which is testimony to the fact that teaching-learning has always been the most important strength of the institution. in conjunction with the social responsibilities that the institution delivers through student welfare, student facilitation for obtaining state and national scholarships and through social outreach activities conducted by the NSS, Social Awareness Club and the MGNCRE SES REC. Add-on certificate courses additionally enhance their employability and empower them.

The strategic planning document of the institution attests to its true spirit as a women's educational institution which fosters a sense of inclusiveness towards all social communities. Its distinctive characteristic is to educate, empower and sensitize the students to the society within which they live and perform and towards which they are responsible.

					Memo							
PER	FORMAN	CE OF HO	NOURS A	ND MAJ	OR COURS	SE STUDE	NTS IN B	A / B.Sc I	INAL EX/	MINATIO	NS 2021	
Title of the Program	Total no.						RED (AS					
		.A++ (9.0-10.0) (≥98% in 199%)	A+ (8.0-8.9) (≥00% test <90%)	A (7.0-7.9) (≥70% hut <00%)	8+ (6.0-6.9) (260% Intt< 7056)	B (5.8-5.9) (250% but	C= (4.0-4.9) (2:40% but <\$90%)	C (3.6-3.9) (>30% bat	F (<30%)	Semester Not Cleared (NC)	Past %	Tutal
BNGA	8		~28.241	2	5	1					100	8
ENGA	42			6	36						100	42
ECOA	29		8	20	1						100	29
PHSA	11		1	8	2						100	11
MTMA	13			9	- 4						100	13
PSYA	43			15	25	3					100	11 13 43 18
EDCA	18		1	9	6					2	100	
PLSA	26			10	16						100	26
PHIA	4		1	1	2						100	4
HISA	11			8	3						100	- 11
ASPV	14			6	7					1	100	14
CMEV	19			12	7						100	19 10
CEMA	10		5	4	0					1	100	
CNDV	20		1	11	8						100	20
HINA	8			4	4						100	8
GEOA	39			20	17		-	-		2	100	39
TOTAL	315	0	17	145	143	4	0	0	0	6		315



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Title of the Program me	Total no. of students appeared	Division					
		Distinction	1st Division	2st Division	<b>3rd Division</b>	TOTAL	Pass %
BNGA	14		4	9	0	14	100
CEMA	9		9	0	0	9	100
ECOA	34		28	7	0	34	100
EDCA	14		9	5	0	14	100
ENGA	41		16	25	0	41	100
GEOA	42		27	15	0	42	100
HINA	10		2	8	0	10	100
HISA	20	-	4	15	1	20	100
MTMA	20		20	0	0	20	100
PHIA	20		1	1	0	2	100
PHIA	9		9	0	0	9	100
PLSA	27		4	23	0	27	100
PSYA	42		25	17	0	42	100
ASPV	19		5	14	0	19	100
CMEV	22		21	1	0	22	100
	26		17	9	0	26	100
CNDV BA GEN	7		0	0	0	7	100
BA GEN BSC GEN		+	0	0	0	7	100
TOTAL	365		201	149	1	365	100



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Title of	Total no.	Division								
the Program	of students	Distinction	1st Division	2st Division	3rd Division	total	Pass %			
BNGA	8		0	7	1	8	100			
CEMA	7		2	6	0	7	100			
ECOA	26		10	15	1	26	100			
EDCA	14		3	11	0	14	100			
ENGA	39		2	29	7	39	100			
GEOA	25		8	15	2	24	96			
HINA	4		0	3	1	4	100			
HISA	9		0	8	1	9	100			
MTMA	12		2	9	1	12	100			
PHIA	8		0	5	3	8	100			
PHSA	8		2	4	0	7	87.5			
PLSA	17		2	12	3	16	94.12			
PSYA	31		19	12	0	31	100			
ASPV	19		7	11	1	17	\$9.47			
CMEV	29		22	6	1	29	100			
CNDV	22		15	6	0	22	100			
BA GEN	12		0	ö	0	9	75.00			
BSC GEN	9		0	0	0	7	77.78			
TOTAL	209	0	-94	159	22	273	91.30			

#### PERFORMANCE OF HONOURS AND MAJOR COURSE STUDENTS IN B.A / B.Sc FINAL EXAMINATIONS 2019

## 2 0 FEB 2023



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	ERI ORM		NOURS AND EXA	MINATIONS 2		1	1
Title of the Program me	Total no. of students appeared	Division					
		Distinction	1st Division	2st Division	<b>3rd Division</b>	TOTAL	Pass %
BNGA	17		0	16	0	17	100
CEMA	7		4	2	0	6	85.71
ECOA	23		7	14	0	21	91.30
EDCA	11		3	6	1	11	100
ENGA	29		0	29	.0	29	100
GEOA	33		15	18	0	33	100
HINA	2		0	1	0	2	100
HISA	11		1	9	0	11	100
MTMA	13		4	8	0	10	76.92
PHIA	4		0	3	0	4	100
PHSA	б		0	7	2	6	100
PLSA	11		0	11	0	11	100
PSYA	31		22	8	0	30	96.77
ASPV	17		12	5	0	16	94.12
CMEV	23		20	4	0	22	95.65
CNDV	13		7	б	D	13	100
BA GEN	1		0	0	0	0	0
BSC GEN	3		0	0	0	1	33.33
TOTAL	262		95	147	3	253	96.56



### ; 0 MAR 2023

Authenticated . Clarpe 10 Principal Gokhale Mamorial Girls' College

Title of	Total no.	Division							
the	of students	Distinction	1st Division	2st Division	3rd Division	TOTAL	Pass %		
BNGA	14		2	12		14	100		
CEMA	0		0	0		0	0		
ECOA	20		6	14		20	100		
EDCA	9		3	6		8	88,89		
ENGA	31		0	31		30	96.77		
GEOA	31		18	12		30	96.77		
HINA	5		0	5		5	109		
HISA	16		1	15		16	100		
MTMA	12		1	11		12	100		
PHIA	2		0	2		2	100		
PHISA	5		1	2		3	60		
PLSA			3	6		9	100		
PSYA	25		15	10		25	100		
ASPV	14		9	5		14	100		
CMEV	14		6	1		7	100		
Complex of a life.	19		10	9		17	89.47		
CNDV			0	0		1	50		
BA GEN	2		0	0		0	0		
BSC GEN TOTAL	0		75	141		213	.98%		

### PERFORMANCE OF HONOURS AND MAJOR COURSE STUDENTS IN B.A / B.Sc FINAL EXAMINATIONS 2017

### 1 0 MAR 2023



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#### Analysis & Observation:

It can be analyzed from the feedback of the student for teaching quality in General Paper 1 from the perspective of the accessibility to the teachers; that 92.82% of the teachers in General Paper 1 is assessable to the teachers. Therefore it can be particularly inferred that most of the teachers are always available to clarify the subject matter to the students apart from the class schedules.

	Punctuality	¥
Options	Frequency	Percentage (in %)
Very Good	483	51.77
Good	284	30.44
Satisfactory	121	12.97
Unsatisfactory	45	4.82
Total	933	100.00

#### D.2.6) Punctuality

#### Analysis & Observation:

It is evident from the feedback of the students for teaching quality in General paper 1 that more than 95.18 % of the teachers are highly punctual about timing and coming to classes. This enables the fellow students to get sufficient time to get a good grasp of the General Paper 1. The fact that the high punctuality also inculcicate the factor of discipline within the students.

### D.2.7) Ability to complete syllabus in time

	Ability to Complete Syl	llabus in time
Options	Frequency	Percentage (in %)
Very Good	493	52.84
Good	280	30.01
Satisfactory	102	10.93
Unsatisfactory	58	6.22
Total	933	Authenticated.00

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College



Gokhale Memorial Girls' College 1/1, Harish /Mukherjee Road Kolkata -700020

### **Activities that Inculcate Values**

The human mind tends to recall memories that carry a high emotional charge to them. When we commemorate a special occasion, we are essentially placing a mental bookmark on an experience, thereby making it easier to remember it in the future. The photos, videos and other forms of memorabilia from those occasions serve as triggers that we can use to re-live those pleasant experiences in the future. Observances create an opportunity to bring people and especially young minds together with the intent to educate, celebrate contributions of great men and women and to work towards a future that is inclusive of all people.

The Prime objective post-covid was to bring together students in true esprit de corps with the intent to educate, create a sense of fellow-feeling, create a sense of shared heritage, create a sense of both institutional and national pride, inculcate values and work towards a future that is inclusive of the entire student community of the college.

The context of the activity was appropriate. All offline classes and activities had to be forcefully brought to a standstill due to the pandemic and a few of the special observances were conducted online in the second half of 2021and January 2022. But as soon as the college reopened fully form February 2022, special observances began to be observed judiciously inside the campus to re-motivate the students and inculcate a sense of togetherness.

The Practice: In consonance with the situation of lockdown, a few observances were conducted online and quite a few were conducted within the college premises.

### Observing the World Environment Day, 05/06/2021





The students of the Department of Chemistry prepared an online video presentation on the antiviral antibacterial and antifungal

NSS Unit 1 of Gokhale Memorial Girls' College observed World Environment Day on 5th June, 2021 by urging all staff and students to plant saplings in their own house premises maintaining social distance and following Covid related protocols.



characteristics of medicinal plants native to our country to celebrate the day and create awareness among all. https://www.youtube.com/watch?v=nvXjz4zb7aE The Vriksha Raksha Bandhan Day was observed by students on 22/08/2021 in their neighbourhoods as a mark of respect and appreciation for trees and plants, this event was initiated by the SES REC Cell of the college with inspiration from MGNRCE, Ministry of Education, Govt. of India. Report was submitted and appreciation certificate obtained.









Observance of a month-long programme in September 2021 to celebrate the "Rashtriya Poshan Maah 2021" with the following events-

- 1. Intra-Department Student Webinar
- Expert Talk on "Nutrition" by Prof. Bela Bose, President, Calcutta Ekatma and on "Medicine and Diet" by nutrition educator Mr. Aritra Khan.
- Inter-college Poster Making competition on "Combating Hidden Hunger".
- Video compilation by the students of CNDV on the 'Health Benefits of Yoga', 'Kitchen Gardening' and on the prospects of the under-graduate Clinical Nutrition and Dietetics course.



Founder Mrs. Sarala Ray 's Birth Anniversary and Founder-Principal Dr. S. E. Rani Ghosh's Death Anniversary observed on 26/11/2021 as in previous years with remembrances and homage paid to both the stalwarts who were the inspiration behind this esteemed all-women higher educational institution.



Celebrating the **125<sup>th</sup> Birth Anniversary** of Netaji Subhas Chandra Bose, a leading figure in the Indian freedom struggle on 23<sup>rd</sup> January 2022. Students hosted a video presentation in memory of this beloved and venerated leader as the institution was still in a Covid-19 lockdown mode and live streamed on YouTube for public viewing. https://www.youtube.com/watch?v=yVNDsFyvvl4

Celebrating the 73<sup>rd</sup> **Republic Day** with a grand video presentation of song, dance, narration and recitation by students form all departments. This video is there for public viewing on YouTube. https://www.youtube.com/watch?v=OEk4zS2oqy8

International Mother Language Day was observed on 21st February by the Department of Bengali.





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A discussion on the innovative research on the tragic history involved with this day was the main evocative voice in comprising the Wall Magazine launched by

the students and inaugurated by the Principal and the IQAC Coordinator. The Department also invited Professor Ayesha Banu, Women and Gender Studies, University of Dhaka to deliver a commemorative talk on the same evening in a virtual session.

### The NSS Unit-1 Social Outreach and Commemorative Activities

The GMGC Covid-19 Initiative – "GMGC Covid Helpline", a Covid-19 combat initiative taken by the NSS Unit-1 student volunteers of the institution started its journey on 5<sup>th</sup> May 2021 and worked relentlessly 24x7 during the disastrous second wave of pandemic and later too to provide covid assistance to the distressed. Subsequently, the unit was joined by the teacher volunteers and ex-students. The helpline workers maintained a set of covid protocols and provided the following services:

- Leads for doctors, oxygen, hospital beds, blood donation, ambulance services and Covid Test
- Leads for home Delivery of food and other necessary goods
- Assisting people stranded due to covid lockdown to return home.

The Helpline operated throughout the covid pandemic and is still active. It continues to facilitate that need advice and assistance related to other medical problems of students and their families.



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	Pronuch Menne Dunne Community Kitchen
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	ag together on enorgency relief works in Yans
	areas in East Midnapore, Howmh, South and
	Parganas. We need your continuous, spiritual scial support to make it happen. Stand by m.
	mbunions will feed the hungry, will medicate the
	nd will provide shelter to homeless.
	Let us all fight this together.
	And the set office stars to Bennin a.
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	Account some Ridde Ba
	Name of the Dank- Arm Hunde
	Account Number 915910063511672
	IFSC Code- LITIB/0000011
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Fund Raiser Flyer

NSS Unit 1 of Gokhale Memorial Girls' College observed World Environment Day on 5th June, 2021 by initiating a fund raiser programme for the rural people of South 24 Parganas district of West Bengal whose environment and lives were devastated in the severe cyclonic storm YAAS. NSS Unit-1 teamed up with an NGO to raise the public funds. The team visited Keorakhali Block on 18/06/2021 to provide the said relief.



Keorakhali Block, South 24 Parganas

### World Health Day, 9th April, 2022

The NSS Unit-1 of Gokhale Memorial Girls' College observed World Health Day with NGO Calcutta Ekatma at People's Association Hall, Lake Gardens, Kolkata Students- volunteers assisted the on-duty medical experts at the health camp organised by the NGO. Students learned the basics of medical check-up like weight measurements, heights measurements, blood pressure check and how to note them down. The presence of nonagenarian Prof. Bela Bose, President of Calcutta Ekatma at the health camp was inspiritational in the true sense. The students- volunteers assisted to on duty medical experts and earned some basics of medical check up like weight measurement, heights measurement, blood pressure check and how to note them down.



#### Basanta Utsab - Celebrating Holi, the Festival of Colours on 17/03/2022

Students of the college put up a colourful song, dance and recitation programme in the college.

https://drive.google.com/file/d/1tQo9ZRQp6tFosJnUjV2l58ulXsakpdk1/view?usp=sharing





### \* Other Activities

#### A Film Screening and Workshop on Gerontology on 27/04/2022





A Film-cum- Workshop on social gerontology (active ageing) and film language / techniquestitled, "Understanding the Psycho-

Sociological Aspects of Gerontology-The Audio-Visual approach" was conducted on 27/04/2022 by independent film director Director Sourav Sarkar with the screening of his film, "Solitary Soul" (Nibhritochari). The film dealt with the pertinent topic of active ageing and optimism of life in an elderly - care home, with discussions on the concept of 'gerontology' and its research -scope, as well as National Policy for Older Persons, Govt. of India. The 90-minute visual analysis / lecture was would be delivered in a mixed language mode (English and Bengali). It provided the students an exposure to the sociological topic through the film, motivating them for generating further research-interest on the topic. The program (film - Kit / & lecture) provided the students, a learning experience on the topic, through a case study on the topic, as depicted in the film. Apart from the academic learning, the film and lecture will also grow social empathy on the crisis shown in the film, and make the students more conscious citizens, on the topic depicted in the film program. Thus, this proposal caters to the Principles of The NEP 2020 which strives to "develop good human beings capable of rational thought and action, possessing compassion and empathy" A multi-disciplinary benefit of the entire event was that, although the topic and film related to behavioural aspects / human emotions / literature and social sciences, it drew reference on relevant public policies in

India. The lecture truly added value to the IQAC goals of quality enhancement and sustenance- activities.

College Foundation Day (18th December) celebrated on 29.03.2022 with the annual prize distribution

ceremony and a grand cultural event hosted by the students of the college at Sisir Mancha and presided over by the Principals of Bethune college and Vijoygarh Jyotish Ray College.







### Gender Sensitization Initiatives

**Objective**: To make our society, especially the young generation aware of gender equality, which is really critical in our country, given the context of population and development. Gender sensitisation program in educational institutions can cut through a wide section of student population, and hence create a wide awareness among the children, parents and other members of the community, about their roles and responsibilities towards the third gender, as citizens of the society. Education is a lot more powerful tool in bringing about this social change.

**Context:** To uphold and enhance this aforesaid objective and satisfy the need of the hour, a twin programme was arranged to project this particular issue of gender sensitisation with different perspectives. It actually promotes equality for men and women, by allowing them to know what is appropriate and reasonable for their gender. Teachers play a vital role in elucidating this very purpose in social life. The Social Awareness Club of the college organized a Workshop and a State-level Seminar conducted by well-known personalities in this field. Each projected this particular issue of gender sensitization in unique ways. Open discussions promote awareness about gender equality, by allowing individuals to view what is reasonable for their gender. Teachers are in a position to make their students aware of the necessity of gender sensitization through the process of classroom activities and interaction. They can make their students aware of the necessity of gender sensitization through the process of classroom activities and interaction.

#### Practice:

#### Workshop 1 - Beyond Gender Binary –Understanding Gender Equality conducted

This one-day workshop on 29/04/2022 in the campus. Sri Bappaditya Mukherjee, Founder and Director, Prantakatha, (a national NGO) was invited to throw light on the topic," Gender Sensitzation: Rights and Challenges", in this aforesaid workshop. He delivered the lecture with the following message, additionally highlighting the unique concept of "third gender", as well.

The highlights of the workshop - "Gender equality is a far cry unless we understand the gender inequalities and thus how to support in a systematic way, the weaker gender, to bring them to a level playing field, and that is gender equity". To reach that we must understand that post the famous NALSA verdict of the honourable Supreme Court of India, delivered on 15thApril, 2014 which stated that, the third gender, needs to be given all possible support to keep the constitutional obligation of equality and justice, promised to every Indian. The students were made to understand gender equity and that too beyond binary of male and female. It is to be noted that, in the domain of Humanities and Social Sciences, sensitisation has been seen as an awareness informed propensity which aims at changing behaviour, so that it is sensitive to gender justice and equality. It is interlinked with gender empowerment as well. Sensitization through education induces restructuring of gender roles based on efficiency and helps realize higher productivity of both men and women in household and outside, through rational and effective use of resources. There are multiple themes which work upon gender equality, for example.,

- Gender mainstreaming in various fields
- Combat Gender stereotypes
- Preventing violence against women
- Achieving balanced participation of all genders in political and public decision making ; and many more.

The NCERT has developed syllabus and books across, to promote gender sensitisation in the school curriculum.

#### State-Level Seminar: Gender Sensitization: Rights and Challenges

The first lecture titled, 'Making and Unmaking of Gender: Human Rights of the Third Gender in India', and the second lecture titled, 'Gender Issues and Sexual Harassment at Workplace-Law in Higher Education Institutions' aimed at creating awareness among the student population, the future citizens of the country about gender equality, the need of the day, given the context of global development and the continuance of



civilization.

The The first speaker Dr, Lopamudra Sengupta, Associate Professor and Head of Department. Political Science, Bangabasi College an went on to explain - "As a marginalised community, the transgenders in India have faced severe humiliation and discrimination and have been denied access from important areas of life such as family, education health, employment etc. this paper by tracing the complex processes of discrimination tried to focus on the need to raise awareness and bring significant changes in the minds of people. It also refers to a number of legal changes that have taken place in recent decades. However, one should be aware that unless legal changes are supported by social changes, no substantive change can be accomplished and gender equality will remain a far cry".





The second speaker Dr. Sangeeta Roy (Moitra), WBES, Assistant Professor in Law, Government Centre of Legal Education, Chinsurah, Hooghly, enlightened students regarding the UGC regulations. She elucidated that, "the University Grants Commission(Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and students in Higher Educational Institutions)Regulations,2015 was issued by the Ministry of Human Resource Department (University Grant Commission) on May 2,2016.In exercise of the powers provided by Clause (g) of sub-section (1) of Section26 and sub-section (1)of Section 20 of the University Grants Commission Act 1956 (3 of1956), the Regulation of 2015 was established, which shall apply to all higher educational institutions in India.

Put simply, the Regulations outlines higher educational institutions' duties in terms of preventing sexual harassment in the workplace. As the UGC regulations are statutory in character, they apply to all universities and institutions across the country. The institutions can use a variety of

measures to ensure that students are aware of the redress mechanism as well as the appropriate people to contact and report problems. Reporting occurrences of sexual harassment can be done in a variety of ways such as posting notices on bulletin boards, establishing complaint boxes in easily accessible areas across the campus, posting anti-sexual harassment rules on the college website, and emailing students and staff. The Regulations are gender neutral and apply to students in general."

**Outcome:** The lectures delivered and the open discussions in the seminar on gender sensitisation enhanced and reoriented the very mindset and contributed towards a positive message that our student community was long awaiting for. It definitely modified the thought process of all involved, particularly the student stakeholders and helped them to look beyond the biological binary. Students were made aware of the problems of the third gender, their fears, their aspirations, their expectations and their challenges. Students were made to realize that the discrimination against the third gender is embedded in our consciousness and is *aggravated by ignorance and insensitivity*. The transgender experience is full of pain. They have a right to dignity. Cultivating a gender-inclusive classroom environment is of utmost importance to accord this dignity in the first place. The mind opening lecture on sexual harassment made students rightfully aware of different forms of sexual harassment, the legalities involved and the safeguard mechanisms in place.

### The Covid Helpline of GMGC

This helpline has been a laudable initiative taken by the students and faculty. It helped the institution discharge its social responsibility during a time when illness, death and lockdown impaired the normal functioning of the society. It was during the devastating second wave when the NSS Unit-1 members geared up to launch the GMGC Covid Helpline which subsequently reached out to students and teachers, their families and friends and people all over the state of West Bengal even facilitating people stranded in other regions and struggling to return home. The activities obtained recognition from the MGNCRE, Govt. of India under its "Beat Covid Initiative" and "Each One Reach One" initiatives.

The main objective was to help people by using social media as a medium. GMGC helpline was created in WhatsApp on 5th May 2021 and currently that group contains NSS and non NSS students from various departments, ex Gokhalites, teaching and non-teaching staff, summing upto around 100 active members. A poster was circulated in every possible medium with contact numbers of the front desk members of GMGC HELPLINE, which operates in West Bengal. This helpline started with the initiative of NSS Unit but became operational with the effort of the entire college. From May 5, 2021 to this date the helpline has stayed open 24/7. This helpline was organized and divided into front desk members and back end verifiers. The front desk members would contact the patient family directly before handling any case and the back end verifiers would continuously verify contacts before providing any lead to the patient family. The main group had segregation and for each segregation, different WhatsApp groups were created. The four groups were:

- 1. Hospital Group
- 2. Oxygen Group
- 3. Blood and Plasma Group
- 4. Food Group

Now, each group had 2 front desk members assigned to them, 2 of them were further been divided into morning shift and night shift (12am-12pm and vice versa) and they would get calls accordingly. But the front desk members werethere in all the groups so that they could work in place of someone who became inactive due to illness. Each of these groups also contained a set of back end verifiers which were different for each group. Different excel sheets were created for each group where records of the contact and data were kept. Remarks about the response from hospitals or oxygen dealers or any source was maintained to make the work easier in future. The back end verifiers kept verifying these contacts as and when any patient family reach contacted them. So, by doing this, giving a list of numbers, from which half of them doesn't work to a distressed family, could be avoided.

About protocols, any sort of leads was not provided without patient verification to prevent misuse of information. Front desk members would try to communicate with the patient family as much as possible and try to be there for them and be empathetic in approach. Everything was done strictly following the government circulars and anything beyond that was prohibited in this helpline. The sole motive was to help people out in this dire situation by creating a network. The organization and maintenance of information were the key priorities of the GMGC Helpline.

Subsequently, NSS teamed up with the SES REC faculty members and the Department of Psychology to provide psycho-social support and counselling to the students who had suffered due to Covid.



## **GMGC COVID HELPLINE**

The NSS Unit-1 of Gokhale Memorial Girl's College took the initiative of helping people out by using social media as a medium. A group named GMGC HELPLINE was created in Whatsapp on 5th May 2021 and currently that group contains NSS and non NSS students from various departments, ex-Gokhalites, teaching and non teaching staff, summing up to around 100 active members.



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Gokhale Memorial Girls' College

## **GMGC COVID HELPLINE**

A poster has been circulated in every possible medium with contact numbers of the front desk members of GMGC HELPLINE, which operates all over West Bengal. This Helpline started with the initiative of NSS unit but it has been operational with the effort of the entire college.



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The main group has segregation and for each segregation, different Whatsapp groups have been created. The four groups are:

- 1. Hospital Group
- 2. Oxygen Group
- 3. Blood and Plasma Group
- 4. Food Group



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Each of these groups also contain a set of back end verifiers which is different for each group.

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## PROTOCOLS

Any sort of leads is not provided without patient verification so that there is no misuse of information. Front desk members try to communicate with the patient family as much as possible and try to be there for them and be empathetic in our approach.



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## PROTOCOLS

Everything that is done, strictly falls under government circular and anything that is beyond, is prohibited in this holpline. The sole motive is to help people out in this dire

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## OUR ACHIEVEMENTS .....

Since May 5, 2021 to till date (July 22, 2021), GMGC Helpline has stayed open 24/7. More than 200 cases have been solved by the Helpline team till today.



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# **OUR ACHIEVEMENTS.....**

Since May 5, 2021 to till date (July 22, 2021), GMGC Helpline has stayed open 24/7. More than 200 cases have been solved by the Helpline team till today.



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## Purpose of Group Interactive Counselling Sessions:

- To deal with the mental health issues of the students by certified professionals.
- To discuss the skills to handle the impact of current pandemic situation on mental health.
- Emphasizing on Grief counselling session.
- To identify students going through complicated grief reactions.

# Sessions conducted: in the month of May-June

Dale	Day	Time	Speaker	Faculty
31.05.2021	Monday	5:30 - 6:30pm	Sm. Aparajita Chakraborty	Dr. Nabomita Chakraborty
07.06.2021	Monday	5:30 - 6:30pm	Sm. Ushri Sengupta	Sm. Arunima Mitra
14.06.2021	Monday	9:30 – 10:30am	Sm. Sudarshana Dasgupta	Sm. Nida Qasim
26.06.2021	Saturday	6:00 – 7:00pm	Sm. Ayoleena Roy	Sm. Suvoshree Bhattacharya
28.06.2021	Monday	5:30 - 6:30pm	Sm. Shymall Sarkar	Dr. Moon Moon Dutta

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ate	Dev	Time	Speaker	Foculty
5/7/2021 5/7/2021 7/7/2021 9/7/2021 3/7/2021	Monday Tuesday Wednesday Friday Tuesday	11:30 - 12:30pm 2:30 - 3:30pm 9:30 - 10:30am 12:00 - 1:00pm 5:00 - 6:00pm	Sm. Debarati Das Dr. Deepa Shah Sm. Pallavi Mukhopadhyay Sm. Priyanka Bhattacharya Sm. Jayita Saha	Dr. Moon Moon Dutta Sm. Suvoshree Bhatlacharya Dr. Nabomita Chakraborty Dr. Leena Nair Sengupta Sm. Arunima Mitra
)ate	Topic			Speaker
21/07/2021	"Sharing ex	ose students who	inding ways to deal with gri o have lost their beloved or pandemic)	


# Faculty associated with....



Principal Gothale Memorial Girls' College

# Students associated with 'GMGC COVID HELPLINE'

Riya Karmakar Swarnali Ghosh Meghali Ganguly Suchetana Sengupta Payal Thakur Aratrika Ghosh Sayantika Malakar Devika Das Sanga Basu Anushka Banerjee Priti Purkait Manali Mazumdar Kamalika Bhattacharyya Sneha Mondal Sulagna Dutta Samadrita Dutta Pratyusha Paul Aindrila Jana Shutrishna Ghosh Poulomi Poddar Sannita Datta Sreeja Ghosh

Oishika Sinha Debungshie Biswas Anushree Mukherjee Ankita Pandey Animita Hazra Arunika Dasgupta Adrika Biswas Manaswini Lahiri Subhangi Roy Sreya Das Srinjini Nandan Mohar Majumdar Raunak Nasim Shreya Mandal Tanisha Basu Sudakshina Das Sneha Dutta Sayani Banerjee Shrestha Paul Adrija Kundu Ishani Deb Indrakshi Seal



Changling Principal 5/22 Boknate Memorial Gina' College

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### Students associated with 'GMGC COVID HELPLINE'

Anjana Sanyal Diptasri De Sweta Chowdhury Britika Bhowmick Rahi Roy Sudipta Ghosh Rusi Ahmed Anindita Bhattacharjee Aditi Das Darsana Mukherjee Mubhaswara Ahamed

Priti Sarkar Fatma Firdaus Viddhi Pandey Subhasree Pal Ayaantika banerjee Kankana Sarkar NK Trishika Devika Das Karnali Halder Disha Banerjee Samayeeta Roy Debasmita Mallick Debjani Sarkar Srijita Shee Adrita Karmakar Azra Khan Puja Das Sudeshna Roy Nabanita Das Amrita Ganguly Sangita Sahoo Atreyee Pal Anuska Bhattacharya Sreemoyee Sarkar Anwesha Banerjee Tanisha Chatterjee Silpi Bhaumik Biyash Das Arti Kumari Prachi Verma

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#### GOKHALE MEMORIAL GIRLS' COLLEGE List of beneficiaries through COVID help line:

Patient's Name	Age	Address	Ailment	Covid Test Report	Requirement	Date of resoultion
Asit kr. singha	79	madhyamgram	fever, cold& cough , urine problem, surgery bcecause of brain stroke		Bed	
Anonymous	Unknown	Asansol	Unknown		Oxygen Bed	05-07-2021
Swapan Kumar De	65	Moulali, Creek Row	Fever, breathing difficulty, drowsiness, O2 level - 87/88		Bed	05-08-2021
Uday Sankar Pramanick	unknown	unknown	unknown		Blood	5-5-21
Jaba Dutta	50	Bagmari North Road	Senseless O2 level 41	positive	Bed and Oxygen cylinder	5-5-21
Rebecca Gomes	52	158, G.K. Guha Road, Amulya Enciave, Dumdum Cantonment, Kol - 28	Weakness, Loose Motion, O2 level- 85/86	positive	Bed	05-08-2021
Ashim Baidya	63	Thakurpukur	fever, body pain,frequent drop in O2 saturation,loss of taste and smell,heart patient with pacemaker	Awaiting report	bed and Oxygen cylinder	
Aditi Chakraborty	50	Kankurgachi	Weakness, Breathing problem, O2 level- 85	positive	Bed	05-09-2021
Subhod Das	52	kankinara , keutia charakdanga	unknown		Oxygen	-
Seema Ghosh	59	Thakurpukur	cold, cough, breathing problem, O2 level 86.cancer survior, right side paralysis due to cerebral	not yet done	Oxygen, bed after C-ovid test	
Aditi singh	67	Dhakuria, AMRI	unknown		blood	
Priyanka Choubey	38	Microlap Nursing Home	Breathing Problem	Positive	Bed	05-08-2021
unknown	54	Baghajatin , jadavpur	O2 level 88 and dropping	Positive	Bed	
Jay prakash Agarwal	59	Lale town, 700048	O2 level dropping	Positive	bed and Oxygen	05-06-2021

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Manju Biswas	71	Baidyabati , B.S park maidan	Hypertension, O2 level 88	Negative	Bed	
Purabi Dasgupta	94	unknown	O2 level 85-90 fluctuating		Bed	
Swapan Biswas	55	near Habra hospital	O2 level 58	Not yet done	Oxygen, bed after C-ovid test	05-06-2021
Prabir Banerjee	28	unknown	breathing problem, loss of weight, fever , cough & cold	Negative	Bed	
Biswanath Samanta	74	1no Hatgachia, Dhapa	Diarrhea, O2 level 88, urine infection, thyroid, neurological issue, high BP	Positive	ICU Bed	
Rina Das	58	Sirthimore	unknown		ventilation	
Durga Chakorborty	74	9 no central park, bansdroni, 70070	low O2 level		Oxygen	05-08-2021
Chaitali Bhowmick	58	Thakurpukur,2 no bacharpara rd, paschim barisha, South 24 paraganas, 700063	Breathing problem, can't talk, thyroid, hypertension, anaemic, need suction for removal of cough from lungs	Positive	BIPAP, CPAP, Ventilation	05-09-2021
Somnath Ghoshal	unknown	Durgapur	unknown	not yet done	c-ovid test required	05-09-2021
Suvendra Nath Moitra	62	Near Ruby General hospital	unknown		Covaxin 2 nd dose required	05-09-2021
Mou Joardar	43	Vidyasagar,Bhagajatin	High fever,cough,suffocation and body pain High sugar,high blood pressure and asthma O2 level-90	*****	Oxygen and bed	05-09-2021
Sumitra Dhar	60	unknown	unknown		CGHS	05-10-2021
Arpita Sen	50	Arogya, near Alipore	O2 level below 80		ICU Bed , Oxygen	05-11-2021
Abinas Biswas	70	Ujiban Hospital	Fever(last recorded 28/4/2021) Oxygen level-68	Positive	ICU Bed	05-11-2021
Subir Bose	68	Dumdum	Dry cough , O2 level 80	Positive	ICU Bed	05-11-2021
Radaranî Padui	80	15 no Sitalamata Lane , Baranagar, 700090	O2 level 84 and decreasing, blood pressure 107/63		Bed and Oxygen	05-10-2021
Rajashree Saha	51	Sonarpur	Can't breathe, walk or sit , Oxygen	positive	Bed and	05-10-2021

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			level dropping		Oxygen	i
Silpa Dey	25	209 kantadanga, Fingapara , North 24 paraganas, 743129	O2 level 72 and dropping, Fever, Shortness of breath	Positive	Bed	05-10-2021
Nandita Modak	unknown	18/16 Sitalamata Lane . 700090	O2 level 85	Awaiting report	Bed	05-10-2021
Arnab kr Guha	65	Baruipur	O2 level 94	Same	ICU Ventilation	05-10-2021
Biswajit Sarkar	47	Dakshineswar	High fever	Positive	Bed	05-11-2021
Leena Chatterjee	83	Sreerampore	High Blood Sugar Oxygen level-80 and drastically fluctuating CT Scan- Chest Patches	-	ICU Bed	05-10-2021
Aniruddha Chatterjee	51	Kalighat Kolkata	Oxygen level falling Present Oxygen level 88	Positive	General bed with Oxygen	05-12-2021
Busina Khatun	42	Baduria , North 24 paraganas	O2 level 62-65	Positive	ICU Bed	05-12-2021
Sankar Roy	65	Ramchandra Ghosh rd, PO Kolkata, South 24 paraganas	O2 level 75 , Breathing problem	not yet done	Bed and Oxygen	05-12-2021
Arun Guha	76	Near Belgharia Station	Oxygen level -76		Oxygen Cylinder	05-13-2021
Anand Rai	54	Apex clinic Pvt LTD, Behala 38 ,P N Mitra Brickfield rd , Kolkata- 700041	O2 level 80 , lung damage 59% , diabetes , glucose level 250 , C reactive protein level 49.6	Positive	ICU Bed	05-13-2021
Rajdeep singha	28	unknown	O2 level 86	- يتستخ	ICU Bed	05-13-2021
Munmun Chowdhury	45	Pranashree, Kolkata	unknown	Positive	Blood	05-13-2021
Usha Baid	49	Saltlake City , Kolkata	Cough, weakness, low O2 saturation O2 level at 75	Positive	Bed	05-13-2021
Samita Paul	64	B.T rd ,Tobin rd , near Noapara Metro station	Melana , Anaemia	·····	Blood	05-13-2021
Sambhu Chatterjee	45	Rahara, Khardaha, Kolkata-700118, North 24 paraganas	Cough , Fever		RTPCR test	05-13-2021

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Rajdeep Chatterjee	12	Rahara, Khardaha, Kolkata-700118, North 24 paraganas	Fever		RTPCR test	05-13-2021
Jyostna Dutta	78	Block D, Arabinda Arena, Rahara Bazaar, khadaha, North 24 paraganas, 700118	O2 level 71, low O2 saturation & low level of potassium and sodium	Not yet	Bed and Oxygen	05-13-2021
Kiran Chand Jain	85	unknown	Coughing, breathing problem, O2 level 89	Positive	Oxygen cylinder	05-13-2021
Dipankar Ghosh	46	Shyambazar	Oxygen level with Oxygen Cylinder 90,Clinical Covid	. <del></del> .	lĊU	05-13-2021
Dipti Chatterjee	78	Picnic Garden	Cough, fever Oxygen level-92-95	2-00	Oxygen	05-13-2021
Anjani	unknown	Kankurgachi	Unknown		Oxygen	05-13-2021
Asit Singha	79+	Kolkata	Oxygen level fluctuating, coughing O2 level 90-91	Positive	ICU Bed	05-13-2021
Juthika Saha	87	Chaltabagan, Manicktala	Fever,Oxygen level -90	*****	Oxygen	05-13-2021
Shambhu Kumar	61	Purulia	Fever, cough, O2 level -78,high pressure		ICU	05-13-2021
Poulomi Ghosh	31	Rishra, Panchanantala	Weakness,fever, O2 level-90-94		Oxygen	05-13-2021
Radharani Bhowmik	86	Tollygunge,near bhawani cinema,metro station	Fever, breathing problem, O2 level - 79		Oxygen	05-13-2021
Santosh Das	58	Behala Sakherbazar	Breathing problem, non covid(released from hospital) O2 level-88		Oxygen	05-13-2021
Rakhi Rakshit	52	Mayfair hospital . Dumdum	Breathing problem, O2 level 80	Positive	ICU Bed with wipe up	05-14-2021
Buddu Saha	50	Malda	unknown		Blood	05-13-2021
Paritosh Bhattacharyya	65	Palasahi Post office, kacharapara	Oxygen level 84- 88, Cough, fever, Diabetes, cerebral attack, undergone hip bone surgery		Oxygen	05-13-2021
Bibha Das	46	unknown	Diabetes, O2 level 70-80	Positive	ventilation Bed	05-13-2021
Madan Mohan poddar	79	Kankuragachi	O2 level 79& fluctuating, high risk of heart attack, Blood infection	Positive	Oxygen	05-14-2021

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Tilak kr. Nag	71	Rashbehari	lungs detoriation, Fever, O2 level 97	Positive	Bed	05-14-2021
Gopa Bose	56	Habra	Positive value-20,O2 level-87-97		ICU	05-14-2021
Manju Rawani	46	Jamuria,near MBS petrol pump-713336	pneumonia,fever,hypoxia,O2 level- around 95 but fluctuating during hypoxia leading to sever breathing issues	31-221-2	Oxygen	05-14-2021
Mita Rudra	60	B32/7 kalindi estate housing complex,kalindi,Kolkata- 700089	breathing issue,chest pain,Oxygen fall,fever,O2 level-85,asthma,bp high		Oxygen,bed	05-14-2021
Abhay Kumar Nath	70	Jodhpur Park	Fever,cough and cold		Bed	05-14-2021
Subhash Paul	63	Baghajatin	Breathing problem, high temperature, O2 level-83		Oxygen	05-14-2021
Prashant Bhavsar	45	Unknown	Unknown		Bed with ECMO machine	05-14-2021
Sugata Chatterjee	46	714/6 Sarat Chatterjee Road,Shibpur,Howrah- 711102	High fever,O2 level-approx 89	Positive	Oxygen	05-14-2021
Kusum Devi Agarwal	80	Park View Hospital	O2 level-88-92,Blood Group-AB-ve	2000	Plasma	05-14-2021
Gayatri Ghosh	91	76/A Ibrahimpur Rd, near Bidanpally rickshaw stand , Kolkata-700032	O2 level 90-95	Positive	Oxygen	05-14-2021
Rani Ghosh	84	Shyambazar	O2 level 86, Fever, Breathing problem	Awaiting report	Oxygen	05-14-2021
Arati Saha	85	Baguiati , Jagriti Sanga	Breathing problem, Headache, refusing food		Bed	05-14-2021
Biswanath Benia	81	Girish Park, near Haryana Bhawan, Kolkata	O2 level 90-91, Fever		Oxygen	05-14-2021
Məduri Ruj	54	Begunia more ,Barakar	O2 level 88-92		Bed	05-15-2021
Sandhya Dutta	62	Kolkata	O2 level less than 80	Positive	Bed	05-15-2021
Ramprasad Mukherjee	70+	Sagar Dutta hospital	respiratory problem, urine infection, Diabetes, lungs infection	lett th	ICU Bed	05-15-2021

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Subhodeep Pyne	28	Kasba , Kolkata	breathlessness, low O2 saturation	Positive	Bed with ECMO support	05-16-2021
Bholanath Ganguly	65	220, Prafula nagar lowland, Belgaria , Kolkata-700056	High Fever, cough, O2 level 92-96	Awaiting report	Bed	05-16-2021
Raj Kishore Sharma	40	120/1,BahribSarbamangla Punjabi para near petrol pump WB-713101	Hypoxia, Pneumonia O2 level-88-90	:	Oxygen	05-16-2021
Archana Chowdhury	66	Barasat	Extreme dizziness, low oxygen level, lungs affected		Ventilation	05-17-2021
Utpal Guha	63	1/57,Rajendra Prasad Colony Kolkata -700033	Sugar, high blood pressure, O2 level -84	Positive	Bed	05-18-2021
K.C. Saha Sankar	55	East Mall Road Kolkata 80	O2 level -82	Positive	Oxygen	05-19-2021
Renu Devi	40	AE 141 Khestopur 24 Parganas North	O2 level -88	Positive	Bed	05-24-2021

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#### A few blood donation appreciation certificates







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#### A few blood donation appreciation certificates

Association of Voluntary Blood Donors West Bengal TA Company Lives In appreciation of the humanitarian act of Sri/Smt. Animita Hagna for offering the gift of blood on 19.02.2019 to the Govt. Blood Bank at a camp organised by Gokhale Memorial burds' college kolkate Let blood bind us together in friendship for ever





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## A few blood donation appreciation certificates

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S	Swasthya Bhawan, Ist Floor, Wing - B GN - 29, Sector - V, Salt Lake, Kolkata - 700 091	
	CERTIFICATE OF APPRECIATION	
10	We are pleased to appreciate the noble gesture of Shri / Smt _ ANIAUTA_ HAZRA	
forder	nating blood voluntarily at Blood Bank / Voluntary Blood Donation Camp organized on 19: 22. 20.19.	8
6y	GOKHALE NEMORIAL GIRLS COLLEGE	6
at .	KOLK ATA (Camp Site)	È.
in asso	ciation with State Government Hospital Blood Bank	
Date	Medical Officer in charge MSVP/Superimendem 	4

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# **Certificate of Recognition**



MoE/Beat Covid Campaign/June 2021/29

This is to certify that Dr. Palashi Biswas

#### **Gokhale Memorial Girls' College**

Coordinated the formation and functioning of five student volunteer teams in the areas of Hospital Management, Non-Hospital Management, Support to Covid affected families, Medical Supplies, Psychosocial support to Covid patients and their family members as a part of **Beat Covid Campaign** initiative of Mahatma Gandhi National Council of Rural Education, Hyderabad.



MGNCRE Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education Government of India





MoE/Beat Covid Campaign/July/29

#### This is to certify that Payal Thakur Gokhale Memorial Girl's College GMGC Helpline

rendered his/her valuable services in team as a part of Beat Covid Campaign initiated by Mahatma Gandhi National Council of Rural Education, Hyderabad During JUNE 2021 this campaign, the student has provided PSHYCOSOCIAL support to covid affected patients and their families.



Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education

Government of India





MoE/Beat Covid Campaign/July/29

#### This is to certify that ADRIJA KUNDU GOKHALE MEMORIAL GIRLS' COLLEGE GMGC HELPLINE

rendered his/her valuable services in team as a part of Beat Covid Campaign initiated by Mahatma Gandhi National Council of Rural Education, Hyderabad During JUNE 2021 this campaign, the student has provided PSHYCOSOCIAL support to covid affected patients and their families.



Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education

Government of India





MoE/Beat Covid Campaign/July/29

This is to certify that Debungshie Biswas Gokhale Memorial Girl's College Front Desk

rendered his/her valuable services in team as a part of Beat Covid Campaign initiated by Mahatma Gandhi National Council of Rural Education, Hyderabad During JUNE 2021 this campaign, the student has provided PSHYCOSOCIAL support to covid affected patients and their families.



Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education Government of India





MoE/Beat Covid Campaign/July/29

#### This is to certify that N.K. Trishika Gokhale Memorial Girls' College Blood Group GMGC

rendered his/her valuable services in team as a part of Beat Covid Campaign initiated by Mahatma Gandhi National Council of Rural Education, Hyderabad During JUNE 2021 this campaign, the student has provided PSHYCOSOCIAL support to covid affected patients and their families.



Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education

Government of India





MoE/Beat Covid Campaign/July/29

This is to certify that Sayantika malakar Gokhale memorial girl's college GMGC help line

rendered his/her valuable services in team as a part of Beat Covid Campaign initiated by Mahatma Gandhi National Council of Rural Education, Hyderabad During JUNE 2021 this campaign, the student has provided PSHYCOSOCIAL support to covid affected patients and their families.



Programme Coordinator (Tuti Sandhya)

Mahatma Gandhi National Council of Rural Education Department of Higher Education, Ministry of Education Government of India

#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1, Harish Mukherjee Road, Kolkata 700020 NOTICE

Ref GMGC/ADMIN/16-17/No.178

Dated 20/11/17

The Social Programme of the session 2017-18 will be held at Baruipur Sitakundu Snehakunja, orphanage and old age home (BSSR),Baruipuron 25/11/2017. The student members of Social Awareness Club (Only one member from each Dept.) as well as the third year students of all the departments(2 students from each departments)are asked to participate in this programme by submitting their names to their departmental heads by 21/11/17. Students, who have already enrolled, must submit their "**Consent Letter**" from their guardians. Students have to assemble at College ground by 8.00 a.m. on 25/11/17.

Please see the notice board for the final list of students who will be participating in the programme.

Copies to:

Notice Book Students NoticeBoard

Science Building



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A Social Outreach Programme was organised by Gokhale Memorial Girls' College on the occasion of birth anniversary of Ms. Sarala Ray, a social reformer and educationist and founder of Gokhale Memorial Girls' School in 1920. This year the programme was organised on 25 th November 2017. Some members of Social Awareness Club and 3rd year students (2 students) from each department participated in this programme. 46 students, 9 faculty members and 5 non teaching staff have visited to an orphanage house, Baruipur Sitakundu SnehKunj, Baruipur. Our students distributed food items like biscuits, cakes, chocolates etc. to them. Apart from these rice, pulses, sugar, oil, soaps, Vaseline etc. were also distributed. All have spent a quality time with them. The students of Orphanage house have organised a cultural programme - dance, recitation etc. In the evening we all came back to college with a satisfaction of work well done.



Authenticated Principal

Gokhale Memorial Girls" College

#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1, HARISH MUKHERJEE ROAD, KOLKATA-700020 NOTICE

Ref GMGC/ADMIN/18-19/No. 318

Date. 12.02.2019

Students who are participating in the Social Outreach Programme on 19.02.2019 and Members of Social Outreach Committee are hereby requested to attend the meeting on Social OutreachProgramme on 14.02.2019 at 1.45 p.m. in LT2.

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Authenticated (Karal Principal Gokhale Memorial Girls' College

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## GOKHALE MEMORIAL GIRLS' COLLEGE 1/1, HARISH MUKHERJEE ROAD, KOLKATA-700020 NOTICE

Ref. GMGC/ADMIN/18-19/No. 328

Date: 15.02.2019

All Head of the Departments are requested to give the names of respective students(three in number) going for Social outreach programme, on Tuesday, 19.02.2019, to Smt. Ivy De by 1.00 p.m. on Monday, 18.02.2019. A consent letter should also be compulsorily take from the students.

Students who are going to participate in the programme should be asked to be in the College by 8.00 a.m. sharp.

Principal Gokhale Memorial Girls' College



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### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1. Harish Mukherjee Road, Kolkata-700020 NOTICE

## Ref. GMGC/ADMIN/18-19/No. 338

#### Date: 18.02.2019

Students participating in the Social Outreach Programme are to assemble in the College, tomorrow (19-02-2019) at 8.15 am sharp.

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A Social Outreach Programme was organised by Gokhale Memorial Girls' College on 19.02.2019. A team of 9 faculty members, 6 non teaching staff 42 students visited an orphanage house, Baruipur Sitakundu SnehKunj, Baruipur. A charity programme done by our students to observe birth anniversary of Ms. Sarala Ray, founder of Gokhale Memorial Girls' School. The food items include rice, pulses, oil, soyabeans, noodles, biscuits, chocolates, fruits and 30 school bags given to orphanage house students. A cultural programme was organised by host students in which solo and chorous singing was performed. Lunch was arranged after completion of prgramme for all by our college. Our students satisfied to such a work which brings cheer to orphanage house students. It was a successful programme.









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#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1. Uarish Mukherjee Road, Kolkata 200020 NOTICE

## Ref. GMGC/ADMIN/19 20/No. 233

Date: 18/11/19

Two students (3<sup>nd</sup> year) from each Department of the college are to give their names to their respective Head of Department by 19 November. 2019, for going to the Social Outreach programme on 26 November. 2019. There will be a meeting with the above students on 20 November. 2019 at 12.30 p.m. sharp, where all information will be given.

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Principal Gokhale Memorial Girls' College

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- Student notice board
- Science Building

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Authenticated Principal

Gokhale Memorial Girls' College

#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1, Harish Mukherjee Road, Kolkata-700020 NOTICE

#### Ref. GMGC/ADMIN/18-19/No. 251

Date: 23.11.2019

Students participating in the Social Outreach Programme at BARUIPUR SITAKUNDU SNEH KUNJA, Baruipur are to assemble in the College campus on 26-11-2019 at 8.15 am sharp. Students must bring their guardians' consent letter.

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Principal Gokhale Memorial Girls' College

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#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1, Harish Mukherjee Road, Kolkata-700020 NOTICE

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#### Ref. GMGC/ADMIN/22-23/No. 298

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Date: 18/11/2022

#### Social Outreach Programme

The Social Outreach Programme of the session 2022-2023 will be held at "Sister Nivedita Childrens' Home", Dakhineswar, Kolkata-700035 on 26/11/2022. Two (2) students (Semester-V) from each department are asked to participate in this programme by submitting their names to their departmental heads by 21/11/2022. Students must submit their 'Consent Letter' from their guardians to Dr. Kuldip Kaur or Dr. Rakhi Mitra by 22/11/2022. Students have to assemble at College ground by 8.30am on 26/11/2022.

Please see the notice board for the final list of students who will be participating in the programme.

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- 2) Student Notice Board
- 3) Science Building



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#### GOKHALE MEMORIAL GIRLS' COLLEGE 1/1. Harish Mukherjee Road, Kolkata-700020 NOTICE

## Ref. GMGC/ADMIN/22-23/No. 339

Date: 24/11/2022

## Social Outreach Programme

Sem-V students participating in the Social Outreach Programme at "Sister Nivedita Childrens' Home", Dakshineswar Kolkata-700035 are to assemble in the College Campus on 26.11.2022 at 8.30 am sharp. Students must bring their College id-card.

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## Social Outreach Programme

## 26/11/2022

Authenticated . Carpera 1 1 MAR 2023 Social Outreach Programme was organized by Gokhale Memorial Girls' College on 26/11/2022. A team of 8 teachers, 4 non-teaching staff and  $2B_{\rm p}$  students visited "Sister Nivedita Children's Home", Dakhineswar, Kolkata-700035. Students of Semester V (2 from each Department) and some students of other semester also participated in this programme. Six chairs, games (educational and normal) and one computer brought for the students of this home. Students have distributed pencil, rubber, drawing materials, note books, chocolates, biscuits etc. from their own effort. Tiffin and lunch (for the college students, teaching and non-teaching staffs only) was arranged by the college. We came back our home in the evening with a satisfaction.



Gokhale Memorial Giris' College 1/1. Harish Makherjer Road, Kalkata - 700020

GPS Map Camera

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## REPORT

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Dr. Kuldip Kaur and Dr. Palashi Biswas from Social Outreach Club of Gokhale Memorial Girls' College visited HELPP, near Dumdum Cantonement on 02.02.2023. Six School bags and snacks such as biscuits, cakes and chocolates etc.were distributed among 30 students from the remaining amount of money allotted for the Social outreach programme held on 26.11.2022 at Dakshineshwar.



Gokhale Memorial Girls' College 1/1, Harish /Mukherjee Road Kolkata -700020

### Special Observances and Commemorative Events 2021-2022

The human mind tends to recall memories that carry a high emotional charge to them. When we commemorate a special occasion, we are essentially placing a mental bookmark on an experience, thereby making it easier to remember it in the future. The photos, videos and other forms of memorabilia from those occasions serve as triggers that we can use to re-live those pleasant experiences in the future. Observances create an opportunity to bring people and especially young minds together with the intent to educate, celebrate contributions of great men and women and to work towards a future that is inclusive of all people.

The Prime objective post-covid was to bring together students in true esprit de corps with the intent to educate, create a sense of fellow-feeling, create a sense of shared heritage, cerate a sense of both institutional and national pride, inculcate values and work towards a future that is inclusive of the entire student community of the college.

The context of the activity was appropriate. All offline classes and activities had to be forcefully brought to a standstill due to the pandemic and a few of the special observances were conducted online in the second half of 2021 and January 2022. But as soon as the college reopened fully form February 2022, special observances began to be observed judiciously inside the campus to re-motivate the students and inculcate a sense of togetherness.

The Practice: In consonance with the situation of lockdown, a few observances were conducted online and a great many were conducted within the college premises.

### Observing the World Environment Day, 05/06/2021 and Vriksha Raksha Bandhan 22/08/2021





NSS Unit 1 of Gokhale Memorial Girls' College observed World Environment Day on 5th June, 2021 by urging all staff and students to plant saplings in their own house premises maintaining social distance and following Covid related protocols.



The students of the Department of Chemistry prepared an online video presentation on the antiviral, antibacterial and antifungal characteristics of medicinal plants native to our country to celebrate the day and create awareness among all. <u>https://www.youtube.com/watch?v=nvXjz4zb7aE</u>



NSS Unit 1 of Gokhale Memorial Girls' College observed World Environment Day on 5th June, 2021 by initiating a fund raiser programme for the rural people of South 24 Parganas district of West Bengal whose environment and lives were devastated in the severe cyclonic storm YAAS.



Keorakhali Block, South 24 Parganas

The Vriksha Raksha Bandhan Day was observed by students on 22/08/2021 in their neighbourhoods as a mark of respect and appreciation for trees and plants, this event was initiated by the SES REC Cell of the college with inspiration from the MGNRCE. Ministry of Education, Govt. of India. Report was submitted and appreciation certificate obtained.









- Commemorative Event A three-day mega event, "Infinite Ray" (1<sup>st</sup> to 3<sup>rd</sup> July 2021) was curated to pay homage to Satyajit Ray, one of the greatest film-makers of the 20<sup>th</sup> century and a versatile and muti-faceted personality, on his Birth Centenary Year by the Departments of English and CMEV in association with the IQAC. The entire event was covered by the institution's digital media partner ABP Education and included –
- 1. Academic webinar on Ray's Cinematic Modernity, "Satyajit o Chalachittra Adhunikata",

- 2. Inter-college Essay Competition, "My Tryst with Satyajit" / "Amar Satyajit", and
- 3. Inter-college quiz competition, "Magajastra".
- 4. "Jalsaghar", a digital interface of the stalwarts who have engaged with Ray in multiple ways



Infinite Ray - Panel Discussion JALSAGHAR on 03/07/2021

- Observance of a month-long programme in September 2021 to celebrate the "Rashtriya Poshan Maah 2021" with the following events-
  - 1. Intra-Department Student Webinar
  - Expert Talk on "Nutrition" by Prof. Bela Bose, President, Calcutta Ekatma and on "Medicine and Diet" by nutrition educator Mr. Aritra Khan.
  - Inter-college Poster Making competition on "Combating Hidden Hunger".
  - Video compilation by the students of CNDV on the 'Health Benefits of Yoga', 'Kitchen Gardening' and on the prospects of the under-graduate Clinical Nutrition and Dietetics course.



Founder Mrs. Sarala Ray 's Birth Anniversary and Founder-Principal Dr. S. E. Rani Ghosh's Death Anniversary observed on 26/11/2021 as in previous years with remembrances and homage paid to both the stalwarts who were the inspiration behind this esteemed all-women higher educational institution.



- Celebrating the 125<sup>th</sup> Birth Anniversary of Netaji Subhas Chandra Bose, a leading figure in the Indian freedom struggle on 23<sup>rd</sup> January 2022. Students hosted a video presentation in memory of this beloved and venerated leader as the institution was still in a Covid-19 lockdown mode and live streamed on YouTube for public viewing. <u>https://www.youtube.com/watch?v=yVNDsFyvv14</u>
- Celebrating the 73<sup>rd</sup> Republic Day with a grand video presentation of song, dance, narration and recitation by students form all departments. This video is there for public viewing on YouTube. https://www.youtube.com/watch?v=OEk4zS2oqy8

International Mother Language Day was observed on 21<sup>st</sup> February by the Department of Bengali.



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A discussion on the innovative research on the tragic history involved with this day was the main evocative voice in comprising the Wall Magazine launched by

the students and inaugurated by the Principal and the IQAC Coordinator. The Department also invited Professor Ayesha Banu, Women and Gender Studies, University of Dhaka to deliver a commemorative talk on the same evening in a virtual session.

Celebrating the International Women's Day on 08/03/2022 with a number of individual programmes all combined into one big event.

Gokhale Memoria		lege	
The National Servic		Unit-I	V
celeb	nates		
'International W		ly'	
8th March Event	Schedule		
Department of Political Science - Hotivational Ta Sucharities Day & Debatmile Modek at 10-30am			
Depart All Ser	ment of Philosophy -		
Department of Dengali - Special Talk by Film 8 5 Basabdatta Chatterjen - at 12 noon in Roam - Lt2 HDD Unit-Programmer Expert Talk C	tedia Personality		1
Antwenty Banaries, Acat. Editor, CiShar Department of Excements - Classing to establish Remo-	ney at 1:00pm in Reen		
Semester Students at 2.00pm in Room - L/2.8 L/3	and the second se	CORDIALLY	INVITED



**Ex-Students Sharing Life Experiences** 



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Rejoicing Womanhood- Dept. of Economics
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Expert Talk - Smt. Anwesha Banerjee



Film Personality Basabdatta Chatterjee Alumnus

- Dol Utsab Celebrating the Festival of Colours Students of the college put up a colourful song, dance and recitation programme. https://drive.google.com/file/d/1fRo3Sf7zKU7raj-krouR1sLK6mvAtNDN/view?usp=sharing
- College Foundation Day (18<sup>th</sup> December) celebrated on 29.03.2022 with the annual prize distribution ceremony and a grand cultural event hosted by the students of the college at Sisir Mancha and presided over by the Principals of Bethune college and Vijoygarh Jyotish Ray College.





#### World Health Day, 9th April, 2022

The NSS Unit-1 of Gokhale Memorial Girls' College observed World Health Day with NGO Calcutta Ekatma. Students- volunteers assisted the on-duty medical experts at the health camp organised by the NGO. Students learned the basics of medical check-up like weight measurements, heights measurements, blood pressure check and how to note them down. The presence of nonagenarian Prof. Bela Bose, President of Calcutta Ekatma at the health camp was inspiritational in the true sense.



Tagore's Birthday Celebration – Rabindra Jayanti, 08/05/2022 was celebrated with a lot of enthusiasm and a video presentation was made by the participating students and made available for public viewing on You tube - <u>https://www.youtube.com/watch?v=jJSOUNJcnM4</u>

The special occasion was also celebrated with a song and dance presentation by the NSS volunteers at the venue Sahid Surya Sen Bhawan 432 Prince Anwar Shah Road, Kol-68, under the aegis of NGO Calcutta Ekatma on 21/05/2022.



A Two-day National Seminar commemorating Raja Ram Mohan Roy's 250<sup>th</sup> Birth Anniversary titled, "ICT Enabled User Driven Library Services: Issues and Challenges", on 30<sup>th</sup> and 31<sup>st</sup> May, 2022 organised by the Central Library and IQAC, Gokhale Memorial Girls' College in collaboration with Raja Ram Mohan Roy Library Foundation, Ministry of Culture, Govt. of India.





The National Seminar was presided over by Prof. (Dr.) Uma Kanjilal, Pro-Vice Chancellor, IGNOU and graced by well-known personalities in the field of library sciences Prof. (Dr.) Subarno Kumar Das, Jadavpur University, Prof. (Dr.) Durga Shapler Path, Vidwanger University and Prof. (Dr.) Superity Chalter batty, University

Shankar Rath, Vidyasagar University and Prof. (Dr.) Susmita Chakraborty, University of Calcutta.

### **GOKHALE MEMORIAL GIRLS' COLLEGE**



# **Mentorship Policy Statement**

Gokhale Memorial Girls' College (GMGC) has adopted a Mentorship Program to facilitate enhancement of various skills of students, starting from the initial years of under-graduate study to a wider spectrum. Mentoring, at its core, helps one to grow as a person and become the best version of oneself.

Mentoring is usually face-to-face and conducted over a sustained period of time.

Mentoring in education involves a relationship between two people where the mentor plays a supportive and advisory role for the student. i.e. the learner. This relationship promotes "the development and growth of the latter's skills and knowledge through the former's experience"

Mentorship is crucial to high-quality education because it promotes individual development and growth while also ensuring the "passing on" of skills and professional standards to the next generation.

Mentorship programs are usually offered to support students in program completion, confidence building, and transitioning to further education.

This may involve helping students achieve their personal or career goals, introducing them to new ways of thinking, challenging their limited assumptions, sharing valuable life lessons, and much more. Ultimately, mentoring connects a young person to personal growth and development, and social and economic opportunity.

Both Direct and Cross Mentoring are conducted by the faculty in GMGC. Direct Mentoring is conducted by the mother department faculty and Cross-Mentoring is inter departmental.

### The Rationale

Direct-Mentoring by a familiar faculty helps the mentee to shrug off inhibitions and fears and approach the subjects chosen in her under-graduate level with greater interest and attention, thereby contributing to the academic advancement of the understudy. Cross-Mentoring helps the mentee to share observations on teaching-learning experiences, aspirations, campus expectations and such others which she cannot share with her own faculty. Mentorship in both forms would promote a sustained faculty-student relationship to the ultimate benefit of the institution.

# As envisaged and laid out in this policy statement, the specific benefits of being mentored in both forms of mentoring would include:

- · being guided in a special manner in the chosen discipline;
- · being encouraged and empowered in personal development;
- · being helped to identify and achieve career goals:
- · being helped to identify and fill in gaps in generic skills and knowledge;
- · being able to harness life skills and social skills;
- being able to communicate the shortfalls if any in the teaching-learning process; infrastructure facility; staff demeanour; peer relations and such and express the desire for remedy.

For a successful mentorship program, the college strives to fulfil the following requirements :-

### Drawing up the Scheme -

Mentees are the students. Fulltime teachers are the mentors. Direct mentoring would be conducted by own department faculty and cross-mentoring by other department faculty. All students should be assigned to respective full time teachers and all fulltime teachers to students

In order to carry out group mentoring successfully, a single mentor is matched with a cohort of mentees.

#### Identifying the responsibilities of the mentor and the mentees

From fostering confidentiality in the relationship to sharing core values, there are several responsibilities that both mentors and mentees should take on to cultivate a successful and mutually beneficial relationship. They are:

- Foster Confidentiality- A mentor should provide guidance and support, while a mentee should be coachable and willing to learn. Additionally, a mentee should have an open mind, be respectful and be able to take feedback positively. A good mentor-mentee relationship is built on trust, mutual respect and a shared commitment to learning.
- Recap and update Mentees should always end a mentoring session by recapping the main takeaways from the conversation. It allows the mentor and mentee to establish an action plan for the future momentum into their next meeting. The following mentor session should begin with an update on progress on the action taken that was desired.
- Cultivate a Teacher and Pupil Relationship- A Mentor should not only serve as a positive role model, but should know how to offer guidance in an effective way. Likewise, a mentee should erave for this guidance and be teachable.
- Build Trust through Engagement- The mentor/mentee relationship is all about engagement. The mentors should teach by example and always lend a good ear to the mentees to unlock their inhibitions and/or the creative instinct of their mentees. Mentee should always be open to listening to exploring new creative ideas.
- Find answers to Open-Ended and Curious Questions Mentees should feel free to question mentor with open-ended and curious questions with due respect
- Facilitate Learning Opportunities Mentorship is a transference of knowledge, so it is vital that the mentor is familiar with and adept at creating learning opportunities that correspond to the mentee's learning style. Mentors should foster a relaxed, yet productive atmosphere and utilize active listening skills.
- Getting Feedback both ways Periodic feedback from the mentee is essential. Mentee feedback is important for the Mentor as the latter needs to know if the guidance he/she is providing is being absorbed by the mentee and if it is useful to furthering the mentee's understanding and

knowledge base. Mentor too should provide a feedback on the mentees' progress.

- Follow-through This is the responsibility of both the mentors and the mentees. Mentee's responsibility is to seek out opportunities and experiences to enhance her learning and communicating with the Mentor as and when required. Mentor should inquire as and when possible.
- Share Core Values The mentor and the mentee should have compatible core values which can be shared for development of sustained mentormentee relationship.

#### Therefore the core actions of Mentors need to be as follows:

1. ask questions.

2. share ideas as Mentees value their opinion.

3. listen with compassion.

4. offer encouragement.

5. introduce mentees to values, ethics and real life situations.

willing to accept the mentees' viewpoints and offer constructive criticisms.

7. help in alternative interests and diversification.

8. help and guide students in a SWOC analysis. It is the Mentor who can guide the student through a SWOC analysis of her potential, capabilities, aspirations, actions, prospects and inhibitions. Successful mentorship can help student to evaluate himself/herself on his/her own and cope with all difficulty levels.

9. be non-judgemental.

10. be honest and candid.

At the end of the mentoring process, a feedback from the Mentees would be sought, to see how much they have benefitted from the Mentorship programme. Student feedback on mentoring will bring out the effectiveness of mentoring and how much the mentors have been able to help young students to shape their personalities and guide them in achieving some valuable life skills, social skills, career skills and such others.