Prof. (Dr.) Nilanjana Sanyal



Prof. (Dr.) Nilanjana Sanyal is currently a *Retired Professor and Former Head of the Department of Psychology, University of Calcutta.* She is also a *practising Psychoanalyst for the last 40 years.* Prof. Sanyal has imparted training in counselling in various governmental institutions and N.G.O.s., both nationally and internationally, and is consistently involved in mass media programmes for awareness-generation regarding mental health issues. She is also a columnist in different national dailies and magazines. She has *authored ten books*, some important ones being *Pebbles of Positivism, Positive Psychology and Spirituality: Contents and Approaches; Positive Ageing: An Approach Towards Transcendence; Monpahara: Uro moner ourbo shangbad; Community Psychology: Theories and Practices* and is *an author of a Test Manual.* She has over 200 international and national publications including 36 book chapters to

her credit till date. Her research interests include psychoanalysis and psychodynamic psychotherapy, clinical psychology, gerontology, spiritual and positive psychology. She is a Co-Researcher for the creation of registered assessment methodology, namely, the Fairy Tale Test (FTT) with Dr. Carina Coulacouglou, University of Athens, Greece. She is a Member of International Psychoanalytical Association, an Honorary Member of the Fairy Tale Test Society, Greece, apart from her membership in other national and international professional bodies. She is a *Gold Medalist* of Calcutta University *both at the under-graduate and post-graduate level*. She received *Jubilee Merit Prize* and *Jawaharlal Nehru Award* from *Government of India* along with the *Suhashini Basu Memorial Prize from Indian Psychoanalytic Society* for excellence of a research paper. She is the recipient of *Prof. Maya Deb Memorial Award* from *Asiatic Society, Kolkata, 2012* apart from other awards.